

PRESENTATION HIGHLIGHTS

CANOECOPIA IS jam-packed with things to do and see! Use this 4-page pull-out section to keep track of speakers and events happening throughout the weekend. Find last-minute changes (and there are likely to be a few) at canoecopia.com

Aluminum Chef Competition

Our crowd-pleasing cook-off returns
Saturday, 4:30 pm. Quetico Room

THE Aluminum Chefs are back! Once again, our three chefs will test their camp culinary skills against each other in true outdoor style. Kevin Callan will emcee as woodswoman Mona Gauthier and former park ranger Marty Koch go up against local chef Joey Dunscombe of Madison's Weary Traveler Freehouse. Using MSR stoves and cook kits, and a pantry of simple you might have on your next camping trip (donated by the Driftless Cafe in Veroqua, WI), this fast-paced event is always a favorite!

Come join the fun —you could be one of the judges from the audience who will determine the winner of each course!



Featured Speakers

Sharing extraordinary trips that we think
you'll find inspiring and entertaining

Lonnie Bedwell is an extreme sports athlete who was named National Geographic 2015 Adventurer of the Year. He is best known for his first blind descent of the Colorado River through the Grand Canyon as a part of a team assembled by Team River Runner.

Winchell Delano and five friends paddled 5,200 miles from the Gulf of Mexico to the Arctic Ocean in eight months, beginning with 2,000 miles upstream on the Mississippi River in winter. Winner of the Canoe and Kayak 2016 Expedition of the Year Award.

Dave and Amy Freeman completed their Year in the Wilderness advocacy adventure in September of 2016 after 366 days in the BWCA. Their trip was designed to raise awareness and focus attention to the threat of a proposed mine on the edge of the wilderness.

Dale Sanders 'The Grey Beard Adventurer' paddled the entire length of the Mississippi River in 80 days to celebrate his 80th year of life. For this he was honored with the Canoe and Kayak Magazine's Spirit of Adventure Award, a prestigious honor given to someone who inspires others to pursue outdoor adventures.

Jon Turk is a scientist, adventurer, and author with numerous awards to his credit. His journey around Ellesmere Island was considered by polar experts to be the last great unattempted polar expedition — no one had ever even attempted this before due to its remoteness and dangerous ice conditions.

Drop-In Clinics

Saturday, 1-4 pm, Atrium and Loon

DROP-IN Clinics are back! For three hours on Saturday afternoon, we invite you to drop by the Atrium & Loon for some show and share. Join our speakers for informal conversations and demonstrations as you learn to build a paddle, cane a canoe seat, tie a few knots, handle a bush craft knife, improvise tools of survival, and care for your boat. Please see the schedule on page 42 for specifics.

Featuring: Jeff Bach: Making Your Own Wood Paddle; Abe Elias: Bush Craft Knife Skills; Jerry Karbon: Building Wooden Canoe Seats and Thwarts ; Sherri Mertz: Proper Care and Feeding of Your Boat/ Board; Chris Raab: Paddle Making; Dave Shaprio & Don Gasper: Knots for Paddlers; Paul Sveum: Wilderness Survival for Paddlers

SPEAKER SCHEDULE

Changes – if needed – (and there will be) will be posted at the Info Booth and at canoecopia.com

		Upstairs			
		Atrium	Loon	Bear	Caribou
FRIDAY	4:30	D. Mongno Choosing the Perfect Kayak Paddle	J. Ringdahl Plum Island: Door County's Newest Treasure	A. Levesque What Women (Paddlers) Really Want	K. Kratzke Travels with Elle: Kayaking Lake Powell
	5:30	D. Mongno The Forward Stroke: Sitting Down or Standing Up	G. Anderson Waves for Paddlers	J. Chase A Historical Tour of Isle Royale	S. Mertz Choosing Your First Kayak
	6:30	C. Raab Gearing Up to Lead a Trip	K. Dressler & D. Neal The Science Behind the Swirls	T. Bauer & B. Kalpinski 60 Paddling Trips in 60 Miles of Madison	S. Mertz Things I Wish I'd Known When I Started Kayaking
	7:30	J. Chase Exercises to Improve Your Canoe and Kayak Paddling	T. Hurst Families in the Wilderness and Boatbuilding	C. Gabai Preparing to Paddle: Feel Better & Paddle Longer	M. Koch Basic River Safety for the Novice Paddler
SATURDAY	9:30	A. Levesque Yoga for Paddling	K. Wikle Playing Rough on the Dynamic Shoreline of the Great Lakes	T. Thompson & R. McCallister Natural North Florida	S. Mertz Choosing Your First Kayak
	10:30	D. Mongno Choosing the Perfect Kayak Paddle	M.L. Cerami SUP Safety 101	J. Van Den Brandt Improving Your Image: 20 Tips for Better Wildlife Photography	L. Skitt Fire in the Boreal Landscape: Paddling a Recent Burn
	11:30	J. Chase Exercises to Improve Your Canoe and Kayak Paddling	M.L. Cerami SUP with Your Pup	S. & B. Harris Seal River: A Subarctic Adventure	P. Grubb Sea Kayaking's Hottest New Destination: Cuba!
	12:30	Drop-In Clinics 1:00 - 4:00 (ongoing)	Drop-In Clinics 1:00 - 4:00 (ongoing)	B. & M. Marko Boundary Waters with a Toddler	D. Sproule The Thirty Thousand Islands: A World Biosphere Reserve
	1:30	J. Bach: Making Your Own Wood Paddle J. Karbon: Building Canoe Seats & Thwarts	A. Elias: Bush Craft Knife Skills P. Sveum: Wilderness Survival for Paddlers	S. Osthoff What's In Your Canoe?	J. Connelly PaddleQuest 1500: An Expedition to Inspire Outdoor Desire
	2:30	S. Mertz: Caring for Your Boat/Board		K. Ahrens Build YOUR Best Wilderness First Aid Kit	S. MacGregor Trip Photography That (Doesn't) Suck
	3:30	C. Raab: Paddle Making D. Shapiro & D. Gasper: Knots for Paddlers		J. Bates Brain Food: Gear for the Brain and Heart While Paddling	T. Gibb Quetico: The Land of Lakes
	4:30	D. Kolodji Power to the Pipsqueaks: Anyone Can Pack, Paddle, and Portage	D. Mongno The Forward Stroke: Sitting Down or Standing Up	R. Williamson & M. Porter Planning a Fishing-based Wilderness Canoe Trip	R. Oppedahl I Heart Wisconsin River Trip
SUNDAY	10:30	A. Levesque Yoga for Paddling	N. Langlie Nurtured by the Canoe	J. Coffey Paddling With Purpose: Whitewater Healing	R. McLeod Paddling the Upper Mississippi River
	11:30	M. Langlie Fitness for Paddlers	A. Talley Tall Tales from the Fur Trade Trails	S. Mertz Things I Wish I'd Known When I Started Kayaking	W. Delano Journey from the Gulf of Mexico to the Arctic Ocean
	12:30	D. Mongno Choosing the Perfect Kayak Paddle	D. York The Peace of Whitewater	J. Lockwood Journey to the Greenland National Kayaking Championships	B. Schultz Kayak Fishing: Getting Started
	1:30	D. Mongno The Forward Stroke: Sitting Down or Standing Up	S. Shrader Kayak Fishing: Add a Little Friendly Competition	S. & G. Nelson BWCA Sites to Visit	D. Halloran 70 Years of Paddling
	2:30	P. Kuhn A Perfect Fit: Outfitting Your Kayak	M. Langlie Women in the Boundary Waters	T. Gibb Quetico: The Land of Lakes	S. MacGregor Trip Photography That (Doesn't) Suck

Clarion Hotel Speaker (and pool!) Schedule on Page 44

SPEAKER SCHEDULE

Main Floor						
Sylvania	Algonquin	BWCA	Superior	Quetico		
P. Ciere Tips for Canoeing with your Canine	N. Sachs National Wild and Scenic Rivers in the Midwest	A. Talley Tall Tales from the Fur Trade Trails	G. Green & G. Herman Apostle Islands Full Circle Tour	C. Jacobson Bear-Proofing Your Camp	4:30	FRIDAY
G. Schrab Entrypoint to the Rivers of Time	T. Pflieger Door County: A Paddler's Paradise	S. Nelson Fishing the BWCA	K. & K. Callan My Pre-Teen Kid Thinks Canoe Tripping is Cool	L. Bedwell Kayaking Blind: Vision is in the Mind, Not the Eyes	5:30	
A. Levesque SUP: Walk on Water	R. Smith Favorite Ontario Canoe Trips	M. Gauthier The Unpacking of Mr. Food II	D. & A. Freeman A Year in the Wilderness	J. Turk Crocodiles and Ice	6:30	
B. Perry Spirituality of Navigation	J. Vandiver & One Match Band Songs for the Paddler	S. & G. Nelson Packing and Planning for a BWCA Canoe Trip	C. Amidon Exploring Isle Royale National Park	D. Sanders Old Man and the Mighty Mississippi	7:30	
B. Perry Paddling in New Zealand: The Great Barrier Island	B. Hansel Elements of Photographic Composition	B. Schultz Kayak Fishing: Getting Started	M. Koch Sylvania Wilderness Area	C. Jacobson Camping's Top Secrets	9:30	SATURDAY
R. Wellington River Angels	R. McLeod Paddling the Upper Mississippi River	C. Zarley Catching Canoe Country Walleyes	G. Green & G. Herman Apostle Islands Full Circle Tour	L. Bedwell Kayaking Blind: Vision is in the Mind, Not the Eyes	10:30	
A. Funk Aging Authentically	D. Hawthorne Tips for Canoe Trippers	B. Smith & R. Malchow Day Tripping Door County's Shipwrecks	J. Bates Ecological and Historical Gems of Northern WI	K. Callan Whisky Tour on Scotland's Spey River	11:30	
C. Gabai Preparing to Paddle: Feel Better & Paddle Longer	T. Bauer & B. Kalpinski 60 Paddling Trips in 60 Miles of Madison	D. Sanders Old Man and the Mighty Mississippi	M. Gauthier Food Dehydration 101	C. Jacobson Dress Right for Canoeing	12:30	
S. Oeth E. Branch of the Penobscot: Wilderness Whitewater	N. Schroeter Emergency Room Procedures in the Wilderness	T. Pflieger Door County: A Paddler's Paradise	K. & K. Callan My Pre-Teen Kid Thinks Canoe Tripping is Cool	C. Amidon Exploring Isle Royale National Park	1:30	
J. Herman Essential Paddling Skills for the Kayak Angler	N. Sachs National Wild and Scenic Rivers in the Midwest	W. Delano Journey from the Gulf of Mexico to the Arctic Ocean	R. Kesselring Travel Like a Wilderness Guide:	J. Turk Crocodiles and Ice	2:30	
D. Hynek Circumnavigating Isle Royale by Sea Kayak	J. Vandiver & One Match Band Songs for the Paddler	M. & M. Morrall Canoe Tripping Bucket List	D. & A. Freeman A Year in the Wilderness	D. Cox The St. Croix and Namekagon Rivers	3:30	
C. Kitchen & K. Klis Contemporary Canoe Builders and Their Work	R. Smith Favorite Ontario Canoe Trips	R. Kesselring Planning a Canoe Expedition in the Far North	J. Frank & N. Howk Preparing for Your Apostle Islands Adventure	Aluminum Chef Competition	4:30	
S. MacGregor Trip Stories That (Don't) Suck	C. Zarley Catching Canoe Country Walleyes	B. Hansel Elements of Photographic Composition	J. Frank & N. Howk Preparing for Your Apostle Islands Adventure	C. Jacobson Camping's Top Secrets	10:30	SUNDAY
E. Weicht A Superior Summer	T. Thompson & R. McCallister Natural North Florida	R. Center & M. Truax The Northeast's Northern Forest Canoe Trail	S. Nelson Fishing the BWCA	L. Bedwell Kayaking Blind: Vision is in the Mind, Not the Eyes	11:30	
L. Sobota & J. Browning Why So Many Great Lakes Rescues?	N. Schroeter Emergency Room Procedures in the Wilderness	B. Smith & R. Malchow Day Tripping Door County's Shipwrecks	J. Bates Ecological and Historical Gems of Northern WI	K. Callan Whisky Tour on Scotland's Spey River	12:30	
B. Paulsen Three in Pakboat: The Kazan River	D. Hawthorne Tips for Canoe Trippers	M. Koch Sylvania Wilderness Area	J. Turk Crocodiles and Ice	C. Jacobson Dress Right for Canoeing	1:30	
I. Dunn Beyond the Basics: How to Rig a Fishing Kayak	J. Vandiver & One Match Band Songs for the Paddler	M. & M. Morrall Canoe Tripping Bucket List	D. Cox The St. Croix and Namekagon Rivers	R. Kesselring Travel Like a Wilderness Guide	2:30	

SPEAKER SCHEDULE

		Clarion Hotel	
		Voyageur	Killarney
FRIDAY	4:30	A. Elias Bush Craft Knife Design and Function	H. Hoffmann Paddling in Spite of the Ordinary
	5:30	B. Lawry Kayak Forward Stroke	A. Knepper Engaging Young Paddlers
	6:30	K. Braband & C. Esposito Adaptive Paddling with Team River Runner	I. Dunn Beyond the Basics: How to Rig a Fishing Kayak
	7:30	D. Shively Healing Waters: Veterans, PTSD, and Paddling	J. Herman Essential Paddling Skills for the Kayak Angler
SATURDAY	9:30	J. Browning What's in Your Kit?	E. Achatz Families Who Paddle Together, Smile Together
	10:30	S. & A. Bloyd-Peshkin Risky Business	S. Leaf In Search of the Good Life: A Family, a Canoe and a Portage
	11:30	W. Taylor Raw Oregon: A Coastal SUP Adventure	E. McDonah One Woman's River
	12:30	B. Lawry Kayak Rolling: Dry Land Basics	R. Field Return to the Pecos: A Kayak Fishing Adventure
	1:30	R. Shukla The Accidental Advocate (from The Wild & Scenic Film Fest)	E. Burgeson & P. Norman Yukon 1000: Racing from Canada to Alaska in 8 Days
	2:30	J. Hieb & M. Krueger Gone Paddling: A Documentary Story	L. Sobota Overcoming Fear: One Stroke at a Time
	3:30	D. Murphy & R. Gardner Restoring the Baraboo River	U. Blanchard Two Women Take on Big Water
	4:30	J. Van Barriger Packing the Perfect "Oh Sh!t Kit"	C. Froemke & T. Larson Journey 4 Renewal
SUNDAY	10:30	D. Leavy Load & Go Kayaking	J. Browning Navigation 210: Beyond "Look, See, Go"
	11:30	B. Lawry Kayak Rolling: Dry Land Basics	T. McMahon Backpacking and Hiking in the Boundary Waters
	12:30	J. Hoeben The Healing Power of Water	M. Westenberger SUP Racing 101
	1:30	R. Wellington River Angels	P. Danicic The Economic Contribution of the BWCAW
	2:30	A. Knepper Communities of Practice: A Different Coaching Paradigm	K. Lehner Basic Kayak Safety

Pool Demos – Clarion Hotel		
	SATURDAY	SUNDAY
12:00	J. Herman Rescues and Safety for the Kayak Angler	D. Hawthorne Canadian Style Canoeing
12:30	J. Blakeney Moving Around Your SUP with Style	J. Blakeney Moving Around Your SUP with Style
1:00	B. Perry Solo Kayak Rescues	B. Lawry Braces to Rolling
1:30	D. Hawthorne Canadian-style Canoeing	B. Lawry Surf, Ski, Safety and Remounts
2:00	B. Lawry Braces to Rolling	S. Mertz Secrets of Effortless Boat Control
2:30	M. L. Cerami SUP Yoga for Beginners	A. Levesque SUP Yoga

Pool Demonstration Notes

- Pool sessions are 20 minutes long.
- Pool demonstrations have significant capacity limitations. The fire code limits us to 99 people.
- Since they're so popular and space is limited, we clear out the audience before each new demonstration. Line up early for those you want to see.



How can you help more kids get out on the water?

Purchase a one-of-a-kind piece created by Lissa Flemming, owner of Silverwaves Jewelry, with 100% proceeds going to Rutabaga's Josh Kestleman Scholarship Fund.



Visit us at Booth L1 to purchase.