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PRESENTATIONS

Canoecopia Presentations for 2019

The hardest part is deciding what to see.

Derek **Akin** 
Brought to you by Bonafide Kayaks
Kayak Fishing 
Fri 7:30p, *Voyageur*
Sun 2:30p, *Loon*

Derek Akin will be speaking about kayak fishing on inland waterways and the Great Lakes. The presentation will cover the subjects of safety, rigging, and setup of kayaks for fishing. He will also touch on kayak fishing tournaments and how you can get started in the sport.

Christopher
Amidon
Paddling Isle Royale National Park
Fri 4:30p, *Superior*
Sat 11:30a, *Superior*
Isle Royale National Park offers unique opportunities for paddling in and around



WHERE ARE THE SPEAKER ROOMS?


Canoecopia has 12 Speaker Rooms in three areas. A Canoecopia wristband is your entrance in to all Speaker Rooms.

Main floor rooms are to the right of the Lobby from the main Canoecopia entrance doors. As you face the food concessions to your left are Sylvania, Algonquin, BWCA; to your right are Superior and Quetico.

Upstairs rooms are above the downstairs speaker rooms. Two stairways lead up from the Lobby. Upstairs rooms are Atrium, Bear, Caribou, and Loon.

Clarion Hotel rooms are connected to the show by an indoor walkway that begins near the cash register check out area in the Canoecopia Lobby. Clarion rooms are Voyageur, Killarney, and the Pool.

a wilderness island in Lake Superior. The challenges facing paddlers are many, from the logistics of transporting paddling equipment to the island, to the unpredictable and cold waters of Lake Superior. Join Ranger Chris Amidon to explore the paddling options and challenges of Isle Royale National Park.

Jeff **Bach**
Making Straight, Bent, and Double Bend Paddles 
Sat 1-4p, *Atrium*

Laminating wood strips and bending shafts are two of the finer points in a paddler's life. They are both central to making a paddle and *anyone* can do them. In this drop-in clinic, Jeff will show you what he does with the tools, wood types, shaping techniques, and ideas that add up to the pleasures found in making your own straight, bent, and double bend paddles for both canoe and paddleboard.



Jim **Baird**
Cool Outdoor Tips and Hacks  
Sat 2:30p, *Quetico*
Sun 2:30p, *Quetico*

There is always something more to learn when it comes to the outdoors and canoe tripping. Jim will share a multitude of outdoor skills, tips, and hacks that he's learned and used over the years. Tips that you can use while sitting in the seat of your canoe as well as other camping and bushcraft skills that you can put to use at camp. After all, canoe tripping is so much more than just paddling a canoe.


Planning a Wilderness White Water Trip 
Sat 11:30a, *Sylvania*

Learn all you need to know about planning a multi-day, wilderness whitewater canoe trip. This includes the gear you'll need, how to choose a river that suits your skill level, and some of the key strokes and maneuvers needed to pull it off. Jim has completed several demanding whitewater canoe trips in Canada's North as well as a lot of trips closer to his home in Ontario where he lives on the Magnetawan River.

The Kesagami River Solo
Fri 6:30p, *Bear*

Jim will share the excitement of his solo canoe trip down the Kesagami River and along a remote coastline of James Bay. With a 220-yard drop through the 21-mile whitewater section, the Kesagami is known to be one of the most challenging canoeable whitewater rivers in Ontario. Jim's web video series "The Kesagami River Solo" was distributed across several outdoor media platforms. He will share images and video he captured on the journey, along with the humor, hardships, and adventure of the trip.



Steve **Baskis** & Ken **Braband** 
A Different Kind of Vision: Kayaking the Grand Canyon
Fri 7:30p, *Bear*
Sat 12:30p, *Bear*

In September 2018, five blind military veterans and their guides kayaked 226 miles of roaring Colorado River rapids through the Grand Canyon. Each person paddled his or her solo kayak through some of the biggest, gnarliest rapids in North America during this 12-day,

life-changing adventure. Find out how and why the non-profit organization Team River Runner accomplished this mission. Join U.S. Army veteran Steve Baskis and his kayaking guide Ken Braband as they share stories and images of determination, apprehension, distress, joy, camaraderie, and triumph.

John Bates
**Our Living Ancestors:
 The History and
 Ecology of Old Growth
 Forests in Wisconsin**

Sat 1:30p, Superior

Sun 1:30p, BWCA

Old-growth trees dominated Wisconsin's forests prior to European settlement.

Ecologists estimate that between two-thirds and three-fourths of Wisconsin's forests lived into their old age. What we see 150 years later is a far cry from what our forests once looked like, but some remnants still flourish. Questions to be answered: How did this happen, what are the values of current old-growth, and where can I combine a beautiful paddle with a hike in old-growth?

Wildlife: What to See Between Point A and B

Sat 4:30p, Superior **abc**

Sun 11:30a, Superior

Any paddle on a northern river or lake places you within a larger wildlife community that has lived in and along water for thousands of years. Knowing who they are and how they live

enriches any paddle experience. From frogs to otters, water snakes to loons, mussels to muskrats, and bryozoa to sponges, we'll take a fun whirlwind look at some of the cornucopia of life that calls the water home.



Timothy Bauer
River Tour Along I-94

Sat 3:30p, Quetico

Sun 1:30p, Superior

From Lake Michigan to Minnesota, Interstate Highway 94 courses through the heart of Wisconsin and crosses over some of its most iconic rivers, such as the Milwaukee, Rock, Wisconsin, Black, Chippewa, and St. Croix. Come along for a fun and informative ride with local author and part of the MilesPaddled.com website, Timothy Bauer, as he shares his favorite trips and tips for paddling these sacred places along the "silk rowed" of the Badger State.

The Paddling Playground of Black River Falls

Sun 12:30p, Superior

Black River Falls, in west central Wisconsin, may well be the best kept secret in the paddling community: raging whitewater, gentle

Hey! What do those symbols mean?



Special Guest. New to Canoeconia with unique stories to tell.



Young presenters (under age 35) leading the way.



Newbie-friendly talks appeal to those just starting out.



Camp skills: how to live the easy life when you're in the wilderness.



Water drops form a Pool. Pool is at the Clarion Hotel.



Youth & family topics help adults get kids outdoors.



It's a film. But you knew that.

quietwater, squirrely creek paddling, and gorgeous geology are just some of what defines this extraordinary recreation area. Come join local author and part of the MilesPaddled.com website, Timothy Bauer, for his tips on where and when to go, whether day-tripping, car camping, or paddling multi-night expeditions. With brief mentions of hiking, skiing, and mountain biking opportunities as well. After this, you'll want to become BFFs with BRF!

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Sharon & Alec Bloyd-Peshkin Unconventional Wisdom

Sat 12:00p, Pool

Paddlesports are always evolving. This can frustrate students who question why they're told different things by different coaches. This session is designed to help you make up your own mind about proper techniques, rather than just doing things because a particular coach told you to. We'll provide a framework for testing and choosing different techniques and equipment for yourself, and demonstrate specific examples in strokes and rescues.



Terry Bomkamp Back Country Cooking

Sat 12:30p, Algonquin

New to cooking in the backcountry? This seminar will cover the basics in creating great tasting meals for all your backcountry trips, including stove selection, cooking gear, menu selection, and recipes. Jerry will also share tips that will help you save money and time while creating great tasting meals. You'll even learn a technique to prepare fresh baked bread with a light weight stove and cooking pot!

John Browning Navigation 210: Beyond "Look, See, Go"

Fri 5:30p, Sylvania
Sun 2:30p, Killarney

So you have a compass and you have the appropriate chart or map. Now what? John will share some tips, tricks, and techniques for staying found. Whether you are on the water or on land, you should be able to use these tools to always know where you are, where you are going, where you came from, and where to go when stuff starts to "hit the fan."

What's in Your First Aid Kit?

Sat 10:30a, Bear
Sun 12:30p, Caribou

Do you carry a first aid kit when you paddle? Did you purchase one? If so, do you know what's in it and how to use all that stuff? What do you need to add to meet your needs? If you built one yourself, do you have the right stuff? Do know how to use everything? John Browning will explore first aid kits, and what he carries. John will also provide some helpful tips on first aid and backcountry medicine.



Scott & Emilie Burditt Dad Daughter Wilderness Camping

Fri 7:30p, Loon

What can a dad and daughter teach each other during a wilderness camping trip? The real question is what can the wilderness teach them both? From solitude and starry nights to tough portages and bugs, the wilderness offers lessons and opportunities. It's a place where teamwork isn't questioned. Important conversations occur organically. And dad-daughter relationships flourish. Hear from a dad and daughter who've been exploring Canadian parks together since she was three years old. Get tips, and some social science, for convincing your daughter that wilderness camping is cool.



Kevin Callan Once Around Algonquin: An Epic Canoe Journey

Fri 5:30p, Quetico
Sat 11:30a, Quetico

The Happy Camper and good friend Andy Baxter paddle for three weeks around Ontario's Algonquin Park - completing 93 portages that add up to 68 miles. Andy says Kevin isn't allowed to organize any more canoe trips. Don't miss this presentation. It's a classic.

Paddling Ontario's Thames River

Sat 1:30p, Quetico
Sun 11:30a, Quetico

Author Kevin Callan paddled the full length of the Thames River in southwestern Ontario. It runs 300-plus kilometres and is the most southern watercourse in Canada. The trip had a bit of Huck Finn flavor to it. The Thames is an urban river with farms, cities and small hamlets found along the way. Kevin had to think outside the box on this one, making for one incredible misadventure.

Tips for Enjoying Speakers

- The Exhibition Hall is large; plan enough walking time to arrive on time, especially on Saturday when the aisles can be crowded.
- Many presentations are standing room only on Saturday; try seeing those speakers on Friday or Sunday for better seats. Some presentations are only offered on Friday and/or Sunday.
- The pool sessions have a limit of 99 attendees for each time slot. Please arrive early to ensure your spot.
- Strategically use speaker presentations as an opportunity to sit down and rest.
- Any changes to the speaker schedule will be posted online, at the Information Booth, and in the speaker room area.

www.canoeopia.com

Kat Casey Yoga for Paddlers

Sat 9:30a, Atrium **abc**
Sun 10:30a, Atrium

Enhance your strength, stamina and stability with yoga! Kat Casey, of Monona Yoga Center, will guide you through poses that teach your body proper alignment and muscle engagement to enhance your technique and reduce injuries caused by misalignments from paddling. The class will combine postures, breath and conclude with a deep relaxation leaving you with a sense of strength, calm, and well being. No prior yoga experience necessary—come as you are! Please bring a mat or towel if you have one.



New

Power to the Paddle: Exercises to Improve Your Paddling **abc**

Sat 11:30a, Atrium

Join this fun, hands-on session where you'll learn and practice functional exercises to help you paddle longer, faster, and stronger. Learn simple exercises requiring little or no equipment that target crucial muscles to be a better paddler, build endurance, and prevent injury. You'll improve your outdoor experience and become the best paddler you can be!

Preston Ciere The Backcountry's Power to Heal

Sun 10:30a, Voyageur

We often forget about Nature's ability to heal. A paddle into the backcountry can do so much good for you—from removing stress, to getting back to your roots and recharging, to just spending some time away in a cleaner, healthier environment. Preston will share information about the good that wild places can do for you, along with stories of Nature's way of healing mind, body, and even spirit. You may laugh, you may cry, but you will be inspired to visit somewhere remote and do some of your own wild therapy.



John Chase Leadership Principles for Effective and Fun Day Trips

Fri 4:30p, Voyageur

Learn the principles that experienced leaders follow to safely support groups for day trips on the water. John will focus on pre-trip planning, group and expectation management, risk assessment, and incident management. If you're looking for 45 minutes of war stories about how Cousin Eddie got pinned on that nasty rock, this isn't the place. John focuses on practical stuff you can use to lead your first, fifth, or 100th trip.

Perfectly Pack Your Kayak for a Multi-day Trip

Fri 7:30p, Atrium

Sun 1:30p, Atrium

Loading your personal and shared group gear in your boat is part art and part science. This hands-on workshop will equip you with tips and tricks to pack your kit for a dry, safe, and enjoyable multi-day journey without having to cut the handle off your toothbrush.

Dale Cox Paddle the National Parks of the Midwest

Fri 6:30p, Quetico

Sat 9:30a, Superior

America's Heartland has a widely diverse number of protected areas to paddle, camp, fish, and sight-see. A number of these special places are managed and protected by the National Park Service. From Pictured Rocks National Lakeshore to the Buffalo National River and Theodore Roosevelt National Park to Cuyahoga National Park, canoers and kayakers can choose between short floats on slow moving rivers to week long paddle adventures in remote areas of the Great Lakes. This fast-paced program shares short introductions to many of the National Park waters awaiting you this summer!



Sam Crowley Sea Kayaking the Outer Coast of the Great Bear

Sat 9:30a, Algonquin

Along British Columbia's coast south of Alaska are the waters used for millennia by Native paddlers. Today, sea kayakers find an extensive island wilderness complete with towering mountains, a dense rainforest and secluded campsites home to bears, eagles, wolves, whales, ravens, and otters. This is the Great Bear Rainforest, recently formed to protect the islands, shoreline and mountain forests of BC. Even more remote than the Inside Passage, the Outer Coast is a route along its Pacific edge. Join Sam Crowley as he recounts his 25-day journey.

Sea Kayaking the Rathad Na Mara

Fri 6:30p, Caribou

Sun 12:30p, BWCA

Join Sam Crowley as he recounts his 30-day-long island hopping adventure from Dublin to the Scottish Highlands along the rathad na mara. Irish for sea road, the rathad na mara is an ancient pathway along a shoreline rich with Viking towns, Finn McCool's cave, a 5th century monastery and pilgrimage site on Iona, and 200-year-old Scotch whisky distilleries on Islay. Travel on the mara is shaped by challenging winds, waves, and currents with unexpected campsite visitors and neighbors.

Lynn Dominguez Basic Strokes to Freestyle Canoe Maneuvers

Sat 12:30p, Pool **abc**

How do freestyle canoeists get their canoes to make those maneuvers? If you can get your canoe to go straight and turn, then you too can do freestyle canoeing! Join Lynn at the pool to learn the secret to



PRESENTATIONS

freestyle maneuvers such as the axle, wedge, and Christie. Handouts will be available with freestyle maneuvers and upcoming canoe symposia information for 2019.

Get Started Canoeing, Now! **abc**

Fri 6:30p, Sylvania

Sat 9:30a, Sylvania

Canoes are wonderful vehicles for getting into beautiful natural places. Maybe you have thought about canoeing but don't know how to get started. Are you wondering what kind of canoe to purchase? Is a canoe the best choice for your family? Did you try to canoe once but the canoe wouldn't go straight? Are you curious about some places to canoe and camp? Find out the answers to these questions and more! Join Lynn Dominguez, an ACA certified canoe Instructor Trainer, to explore the world of canoeing.

Renee **DuFresne** & Sipke **DeBoer** Tools and Tricks of the Arctic Seal Hunters **abc**

Sat 1-4p, Atrium

Your kayak has a history, rich in arctic culture and the tradition of the seal hunt. Stop by and learn about the Inuit hunters' craft and tools.

Take a look at a replica skin-on-frame Qajaq, completely outfitted for seal hunting, bird-catching, and walrus-pulling. Peruse the tools, see how they were used, and learn about the tricks they used for recovery of large sea mammals and game. Also, learn how Greenlanders are helping to preserve this culture through education, reclamation, and games!



Natalie **Dutack** Paddle with a Purpose: Protecting Your Waters as You Play!

Fri 5:30p, Killarney

Aquatic Invasive Species might not be the first thing on your mind as you glide across the water, but they have set up camp along our shorelines and in our rivers and lakes. They impact native habitats, ecosystem health,



New

and our recreational opportunities. Identifying and managing populations is a priority for land managers and communities across the country. Who better to lead the way than paddlers? Join River Alliance of Wisconsin as we teach you how to prevent the spread while doing what you love!



Andrew & Ethan **Elkins** Logistics for Planning a Paddling Trip **abc**

Sun 1:30p, Loon

Extended camping trips (1 week or longer) using a canoe, kayak, or paddleboard can be intimidating to plan for. Where do you start with the planning process? Andrew and Ethan have been tripping with diverse groups of family, friends, and youth groups for a combined total of 60 years. With concise steps, they can help you get started in a way that takes the stress out of planning and gets you out enjoying the less-explored areas of the great outdoors. They will discuss when to start on a group size confirmation, planning your menu, gear lists, getting trip permits, and using off-site resources. They'll also touch on why they do a quick practice shakedown, and include the small details that will make your trip successful.

David **Ellingson** Paddle Pilgrim: Kayaking the Fjords of Norway

Fri 7:30p, Killarney

Sun 2:30p, Sylvania

Dave Ellingson, whose Mississippi River, Erie Canal, and Hudson River expeditions are chronicled in his popular *Paddle Pilgrim* books, enjoyed a spectacular month last summer paddling on his ancestral Sogne and Hardanger Fjords. Dave will share spellbinding stories and award-winning photographs from his recent adventure in Norway. His latest book, *Paddle*



Pilgrim: Kayaking the Fjords of Norway, hot off the press, will be available for purchase!



Al & Marsha **Fairfield** Discover Sylvania

Sat 2:30p, Superior

Sun 12:30p, Quetico

Sylvania Wilderness is a mini version of the BWCA or Quetico right in our back yard. Old-growth forest, exquisite scenery, crystal-clear lakes, abundant wildlife, and a wilderness experience make this a prime destination for paddlers. A rich history of private ownership, land stewardship, celebrity, and return to public domain makes this one of the most unique places in the area. Let Al & Marsha guide you to this incredible place so that you can experience all that is Sylvania for yourselves.

Wisconsin Rivers Made for Paddle Camping

Fri 7:30p, Superior

Sun 2:30p, Superior

One of the best wilderness experiences in Wisconsin is to paddle and camp on one of our wild rivers. There are several rivers that have relatively easy access with established paddle-only access primitive campsites. Rivers including the Manitowish, Flambeau, Namekagon, and St. Croix offer a range of flat water and whitewater any paddler can enjoy. Get the scoop on your next paddling and camping adventure.

Vern **Fish** Ottertooth Canyon

Sat 4:30p, Voyageur

Shielded by rapids, rock walls, and waterfalls the Ottertooth Canyon is a remote jewel hidden on the southern border of the Wabakimi Wilderness Complex. In 1784 Edward Umfreville explored this region



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trying to find a northern canoe route from Lake Superior to Winnipeg. Rediscover this forgotten route and lower your canoe into an isolated canyon to find seldom-seen pictographs, waterfalls, and disappearing streams.



Meredith Freshley & Emily Spanger 6 North of 60: Paddling Expedition to the Arctic

Sat 10:30a, Loon

In the summer of 2017, six women (Meredith, Maddie, Lindsay, Marissa, Sammi, and Emily) paddled for 62 days, over 1,200 kilometers, from the Mackenzie Mountains in Canada's Northwest Territories to the Arctic Ocean via the Keele River, Great Bear Lake, and the Coppermine River. They paddled with purpose: an expedition not only for themselves, but designed to tangibly empower and inspire girls, helping them see that women are truly capable of anything. Their presentation will include photos, videos, and inspiring stories about exploring the wilderness with gratitude and purpose.

Steven Fritz Learn to Return

Sun 1:30p, Killarney

At any given time on our wilderness adventures, we are a flipped canoe, severe



CHECK THE WEBSITE: SCHEDULE CHANGES

We often get feedback that you're disappointed because "the thing I wanted to see was cancelled." We get it, but the truth is that stuff sometimes happens. Our most up-to-date schedule is available at

www.canoecopia.com

weather, or an illness or injury away from our adventure turning into a life-challenging or even a life-compromising situation; one where high stress, anxiety, and uncertainty cloud the decision-making process. This presentation is offered to provide guidance to help you succeed should you find yourself in one of these situations.

Amy Funk Trip Like a Girl

Sat 1:30p, Caribou

Sun 1:30p, Bear

Women sometimes face insecurities and fear about tripping in the wilderness.

This presentation will discuss the basics of outdoor skills and developing confidence as an outdoorsperson. Trip reports from previous trips will be shared, as well as ideas for reflecting on and planning your own dream trip.



Tim Gallaway Greenland Style Rolling

Sat 2:30p, Pool

Sun 1:00p, Pool

Learn about the history of kayaking with this demonstration of traditional rolling skills from Greenland. See how these techniques are done and how the use of traditional-style paddles, equipment, and technique can be applied to modern-day paddling.



Mona Gauthier Food Dehydration 101

Sat 10:30a, BWCA

Sun 2:30p, BWCA

The excitement of planning and preparing for a wilderness adventure can be enhanced by including your own dehydrated meals. Thirty years of BWCA food prep secrets will be shared along with basics on dehydrating food, complete meals, and types of dehydrators.



Barb & Gene Geiger Paddling Cuisine: Healthy One-Pot Meals for Adventure Touring

Fri 6:30p, BWCA

Sat 9:30a, BWCA

Barb and Gene Geiger made over 140 dehydrated vacuum-sealed meals for their five-month kayak service trip on the Mississippi River and Tenn-Tom Waterway. Hear about their adventures in the tandem kayak they built themselves and learn to make your own lightweight, healthy meals for your next paddle touring adventure - whether a few days or several months. Learn tips and strategies for food dehydrating, making and packaging one-pot meals, sending food boxes to locations along your route, and making and using a pot cozy to conserve cooking fuel.

Sean Griffin Wild and Scenic Adventures on the St. Croix National Scenic Riverway

Fri 5:30p, Superior

Sat 1:30p, BWCA

The St. Croix National Scenic Riverway was one of the first eight rivers protected by the Wild and Scenic

Rivers Act, 50 years ago. Paddling this special Riverway is a richer experience when you have a deeper understanding of characteristics that led to its protection. Let Sean guide you on a journey to explore these wild and scenic qualities, learn where to paddle to experience the best of the Riverway, and maybe where to find a good watering hole after your paddle.





Laura Gundlach **Y** North to Hudson Bay

Sun 12:30p, Killarney

In the summer of 2016, four friends/siblings embarked on an 80-day, 1200-mile canoe trip from Minnesota to the historic York Factory on Hudson Bay in Northern Manitoba. The trip began with a portage from Mark and Mike's childhood home in Ely, MN. From there, it ranged from flat-water paddling in the BWCA and provincial parks, to rapids on the Hayes and Bloodvein Rivers, and big lake paddling on Lake Winnipeg. Hear the struggles and triumphs on their longest paddle ever, as they made their way north to Hudson Bay.

Don Halloran Lake Superior's Shoreline Parks

Fri 5:30p, Algonquin

Sun 1:30p, Algonquin

During the past two summers, Don and his wife explored all of the US and Canadian parks bordering Lake Superior. This careful and in-depth exploration gave them an excellent understanding of the recreational opportunities available while circling Lake Superior, the largest freshwater lake in the world. Paddling, hiking, biking, and historic opportunities abound. They traveled this 1,300-mile circle tour very slowly in a 1964 VW bus. Join Don as he shares their discoveries.



Bryan Hansel

Brought to you by Northstar Canoe

Paddling the Rio Grande River

Sat 4:30p, BWCA

The Lower Canyons of the Rio Grande River runs 83 miles from La Linda downstream of Big Bend National Park to a private ranch at the takeout. Along the way, the river passes through open desert, hilly terrain, 1000-foot canyons, and over rapids ranging in difficulty from II to IV. Outside access is difficult, leaving paddlers inside the cocoon of their trip. Hear Bryan talk about canoeing the river, relate stories about hiking up side canyons, and see photos documenting the trip.

Photographing Seascapes **abc**

Sat 1:30p, Algonquin

Sun 10:30a, Algonquin

The connection between water, land, and sky has for ages inspired poets, painters, photographers, and paddlers. In photography, pictures that capture that connection are called seascapes. Regardless of whether you are photographing the sea, the Great Lakes, or the lakes of the Boundary Waters, the techniques for capturing a perfect seascape are the same. Hear about the seascape techniques Bryan has learned, taught, mastered, and written about for Ocean Paddler Magazine. Bryan will display beautiful photographs that illustrate his techniques.

Wayne Horodowich How to Choose the Kayak that Works Best for You **abc**

Fri 4:30p, Caribou

Sat 11:30a, Caribou

Trying to choose a kayak can be overwhelming from the seemingly endless variety of boats available in the marketplace. Your goal is to find the boat that fits your needs and your budget. If you want a step-by-step approach to finding the kayak that works best for you, then join Wayne for a dynamic and detailed discussion. He will draw upon his 32 years of teaching kayaking and



fitting paddlers into kayaks so they can have an enjoyable experience.

The Art of Staying Upright in Your Kayak

Sat 2:30p, Bear

Sun 10:30a, Bear

Why not stay upright rather spending all that energy getting upright? When you capsize, having a roll and/or knowing recovery techniques are important. However, if you have good paddle support skills you minimize your chance of capsizing. Traditional bracing classes focus on the slap brace, which is a one-shot attempt at staying upright. This discussion focuses on stroke techniques that give you more support and that are more reliable especially when paddling in rough water.

Using Your Boat, Body, and Blade for Efficient Paddling **abc**

Fri 5:30p, Caribou

Sun 11:30a, Bear

Paddling a kayak is more than just taking strokes with your paddle. Kayaking is a true marriage of your boat, body, and blade. All three must be working together during all aspects of kayaking to get the most out of your equipment. We will

May 19, 2019

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discuss body position and movements, boat positions and movements, and closely view how to properly use and manipulate your paddle to get the results you want when kayaking to get the most out of your equipment.



Cliff Jacobson

Bear-Proofing Your Camp

Sat 12:30p, Quetico

Learn how to protect yourself and your food from bothersome bears: the recommended method of “storing food in trees” doesn’t always work! What should you do if you meet a bear on the trail, or are attacked by one? Black bears, polar bears, and grizzlies require different strategies. Hear practical information about bears that you can use whether you trek to the Arctic or the Boundary Waters Canoe Area.

Camping’s Top Secrets

Sat 9:30a, Quetico

Sun 10:30a, Quetico

This whirlwind seminar focuses on camping tricks that only the experts know—practical things you won’t find in ordinary camping books. Learn how to inexpensively waterproof your sleeping bag, cope with a bad site, make a one match fire, painlessly remove an embedded fish-hook, stay dry in rain while wearing ultra-light rain clothes, purify silty western river water, waterproof and pack your gear so it will stay dry in rain or a capsize, and more!

Canoeing Secrets

Fri 4:30p, Quetico

Sun 1:30p, Quetico

This presentation will focus on how to outfit a canoe for casual and wilderness travel. Learn how to install ‘blind’ lining holes at cutwater, choose and safely store tracking lines, install knee-pads, footbraces, shock-cord decks and thwarts, correct the seat height, re-position thwarts to make more space for gear, select straight and bent-shaft paddles, correctly fit a life jacket and portage yoke, make and safely use spray covers, and pack the canoe efficiently for

a wilderness trip. Cliff will also discuss canoe repair materials and methods.

Rob Kesselring & Stu Osthoff

Finding Your Own Wilderness Canoe Tripping Style

Sat 10:30a, Quetico

Join Stu Osthoff, Boundary Water Journal publisher and wilderness guide, and Rob Kesselring, outdoor writer and wilderness guide, compare and contrast the traditional style of wilderness canoe tripping to the ultralight approach. Two lifetimes of hard-core wilderness paddling, all distilled down to the essence of why we go, plus a boatload of advice on how, when, and where to make your own wilderness canoe tripping goals happen. Come learn some new ideas in this fun debate, back by popular demand.

Rob Kesselring & Sue Plankis

Travel Like a Wilderness Guide Tips from 1,000 Trips

Fri 7:30p, Quetico

Sat 3:30p, Superior

Canoe camping tips and secrets gleaned from decades of wilderness river travels in Canada, Alaska, the Boundary Waters, the desert Southwest, Australia, South America, and Africa. Kesselring will pack in as much useful stuff and instructive stories and pictures as time allows. An entertaining, information-packed session from one of the most experienced canoe guides in North America.

Andrea Knepper & CAT Youth

Building Youth Leadership through Paddling

Sat 11:30a, Loon

Andrea’s passion is re-invigorating the paddling community through meaningful youth involvement. At Chicago Adventure Therapy, they believe the only way to authentically welcome young people into the paddling community is to develop them as leaders in the sport. Come hear young paddlers’ often humorous stories of embracing paddlesport while patiently translating current culture to “more mature” paddlers. They’ve been working at this for several years and we



have some interesting insights to share. Join them for a youth-led discussion about youth leadership in paddlesports.



Let’s Talk About Race...

Sat 2:30p, Loon

Working with young paddlers at Chicago Adventure Therapy has forced them to have uncomfortable—and illuminating!—discussions about race in paddlesports. They’ve also had to talk about gender, nationality, sexual orientation, class, and the variety of -isms associated with each. It’s been challenging (in a good way!) because they have an incredibly diverse paddling communities. Andrea and the CAT youth will share some of their experiences creating this community, along with some of the challenges they’ve had. You’ll have plenty of time for questions and discussion.


Troubleshooting Rescues

Sun 12:00p, Pool

Do you struggle to re-enter a sea kayak? This pool presentation is for you! This isn’t a demonstration of a picture perfect T-rescue or the latest self-rescue technique. Andrea & Co. will walk you through some guidelines to help you problem solve when your rescue just isn’t quite working. Built from real life experience and frustration, they’ll share some solutions they’ve found to help you figure out how to get yourself or your paddling partner back in the boat so you can safely explore more places.

Marty Koch

Basic River Safety for the Novice Paddler

Fri 4:30p, Sylvania 
Sun 11:30a, Caribou

The paddling sports are safe if you know what you are doing. This class will explain the basics of paddling safety for the casual



paddler. Learn about sweepers and strainers, PFDs, flooding, trip planning, river ratings, and much more. This seminar is a must for the novice and occasional paddlers.

Mission Impossible: 30 Years a Ranger

Sat 2:30p, BWCA

Your mission, should you accept it, is to determine fact from fiction at this hilarious recollection of outdoor misadventures as remembered by a veteran park ranger. Paddling mishaps, colorful characters, frightening close calls, and much more. It is your task to determine which is real and which are fabrications. Take a break from the serious paddling seminars for 45 minutes of high comedy and belly laughs.

Ten Steps to Better Outdoor Photography

Sat 10:30a, Algonquin

Ever wonder why your outdoor pictures are just so-so while the pros' photos are so beautiful? With just ten easy steps you can vastly improve your outdoor shots. A professional nature photographer will show you how to use the elements of composition to create your own masterpieces.



Doris Kolodji

Power to the Pipsqueaks: Anyone Can Pack, Paddle & Portage

Sat 4:30p, Atrium

If you've always wanted to pick up a canoe and portage like the "big boys," then this energetic, hands-on workshop is for you. Don't let the idea of picking up and carrying your own canoe be a barrier! For decades Northern Lakes Girl Scout Canoe Base has been training women and girls to travel through the BWCAW and Quetico Park. They specialize in teaching novices to feel like pros regardless of size or experience. Learn tips and tricks for women and youth in the wilderness, and practice specific techniques to flip up and portage canoes.

Pete Kuhn The Perfect Fit

Sun 2:30p, Atrium

Pete will show you how to make adjustments to the inside of a kayak cockpit. He will cover seat and foot peg adjustments/modifications, followed by customizing thigh braces. He will be using a cut-a-way kayak to show possible placement of modifications. Materials and shaping techniques will also be discussed.



Mary Langlie Physical Preparation for Paddling

Sun 12:30p, Atrium

Paddling is more fun when you are physically prepared for the challenge. This fun, interactive session will give you ideas of things



you can do during the off-season to prepare your body for the paddling season. All ages and fitness levels will find something in this session that will challenge and inspire them!

Erica LeMoine Loons: Symbol of Northern Lakes

Sat 12:30p, Voyager

Many visitors and residents associate a great Northwoods experience with the haunting call of the common loon. The loon is a sentinel species—a living symbol of clean water, good fisheries, and an indicator of healthy aquatic ecosystems. Since 1978, LoonWatch has been protecting common loons and their aquatic habitats through education, monitoring, and research. Learn about the common loon, their calls, ecology, behavior, habitat, threats, what you can do to protect them, as well as other fascinating facts.



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PC: Jim MacDonald

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Levi **Lexvold** & Courtney **Otto** Y Conflicts over Canoe Country

Sat 2:30p, *Sylvania*
Sun 12:30p, *Sylvania*

The Boundary Waters Canoe Area Wilderness

is the most popular wilderness area in

America. Unfortunately, this popular

canoe destination is threatened by proposed sulfide-ore copper mining—defined by the EPA as the most toxic industry in America. Putting this dangerous type of mining directly next to this significant lakeland Wilderness would permanently destroy some of the cleanest water in the world. The Campaign to Save the Boundary Waters is rapidly building national momentum to protect this Wilderness, and they can show you how to help.



Christopher **Lockyer**

Brought to you by P&H Sea Kayaks

Sea Kayak Navigation abc

Sat 1-4, *Atrium*

Getting to know marine charts and using them is no dark art, but a matter of interpreting the information that is in front of you and then relating it to what you can see in the natural environment. Christopher will explore many common and practical techniques for on-water navigation and also get into using a compass while on the water in this drop-in clinic.

The Wild Coast of Labrador

Sun 10:30a, *Caribou*

Labrador is located North of Newfoundland and is home to wild landscapes, native culture, and amazing wildlife. Come on a journey exploring the area around Nain to get a feel of what life is like living in the Canadian North. Polar Bears, icebergs, and more will make you want to visit this amazing part of the world. The ocean is calling you—come explore it.

Trip Planning for Sea Kayakers abc

Sun 12:30p, *Loon*

Sea kayaking is a great way for groups of like-minded people to explore. Time on the water can be simple, but conditions can change quickly. Are you looking to become more knowledgeable about the sport of sea kayaking? Are you looking to go paddling with a group of friends but you are not sure where to start in the planning process? Then this is the session for you. Christopher will explore the many aspects of planning a trip and the variables that go into the planning equation.

Erik **Maitland** New

Safety Considerations for Kayaking abc

Sat 3:30p, *Killarney*

So, you've researched kayaks, paddles, PFDs & transport options. You've spent hundreds, maybe thousands of dollars to get the right equipment. But, are you really ready to get on the water? Erik, an experienced and certified instructor, can take you through mistakes and oversights every new kayaker can make that may lead to trouble. From an honest assessment of your skill and experience, to proper equipment and the environments you'll encounter, he will introduce you to things you need to be aware of so your first trip isn't your last!



Maura & Bobby **Marko** Y Canoe Camping with Babies and Toddlers

Sat 10:30a, *Killarney*

Sun 11:30a, *Loon*

Planning a canoe trip but thinking the kiddos need to stay home? Don't call the babysitter just yet. Canoe camping with babies and toddlers is loads of work but incredibly fun! Learn best packing, meal planning, gear, diapering, and sleeping practices from Bobby and Maura

Marko. The Markos take their two children, Jack and Rowan (ages 4 and 2), along on all their adventures including frequent visits to the Boundary Waters Canoe Area Wilderness in Northern Minnesota.



Greg, Julie & Sarah **Marston** Paddling Michigan's Keweenaw

Sat 10:30a, *Caribou*

Longtime fans of Michigan's Upper Peninsula, Greg, Julie, and Sarah Marston decided to celebrate Greg's 50th birthday by circumnavigating the Keweenaw Peninsula. They enjoyed the 150-mile journey so much they bought land there and built a cabin. The Keweenaw has everything: small towns, solitude, sand and cobble beaches, sea stacks, rock gardens, cliffs, and waterfalls. Come learn about day trips and longer options on the canal, inland lakes, and Lake Superior in this often overlooked paddling playground!

Traci Lynn **Martin** Just Around the Pointe; 3,592 miles around the Great Lakes

Sat 12:30p, *Sylvania*

Join Traci Lynn Martin, who suffers from Rheumatoid Arthritis, as she recaps her 2017

attempt to become the first person to circumnavigate all 5 of the Great Lakes in one calendar year, and in the process inspire all individuals who suffer from chronic health challenges to never give up on their own personal dreams. During this exhausting 10 month expedition (March-December), discover the challenges she faced and the amazing sights she encountered paddling solo on these spectacular inland seas.



PRESENTATIONS

Reggie McLeod Paddling the Upper Mississippi River

Sat 2:30p, Algonquin
Sun 12:30p, Algonquin

Reggie will share the joys of paddling the most interesting stretch of the biggest river in America, whether you're interested in paddling a short loop or camping out on an island. He'll also explore the recent boom in paddling the entire river from Lake Itasca to the Gulf of Mexico. He'll cover how to join group paddles, locking through, river wildlife, and how to get quality maps and other useful resources for a river adventure. After the presentation he'll distribute detailed river maps and other useful materials.



Sherri Mertz Test Paddling Kayaks on the Showroom Floor abc

Sat 9:30a, Caribou

It's always best to choose a kayak by test paddling it in the conditions in which you plan to use it, but that's not always possible.

What can you realistically learn about a kayak when looking at it in the store? From fit to function, there is actually quite a bit that you can infer about a boat before deciding to put it on your short list for test paddling. Sherri Mertz will share a wealth of personal experience from her years of paddling, teaching, buying, and selling kayaks.



Sherri Mertz & Carl Vopal Making the Case for Sea Kayaks abc

Fri 7:30p, Caribou

Just because you don't paddle on the ocean doesn't mean you shouldn't consider getting a sea kayak. They can be used everywhere that recreational kayakers can, and many places that they can't! The joys of sea kayaking seem to have been lost in the rush to sell cheap kayaks at big-box stores. They will take you through the advantages of paddling a sea kayak and why you should seriously consider getting one instead of, or in addition to, a recreational kayak.

Sherri Mertz & PaddleSafely.com Recreational Kayak Rescue Reality abc

Sat 1:30p, Pool
Sun 1:30p, Pool

Bicycles are not intended for use on the interstate. Similarly, recreational kayakers are not designed to be used on large bodies of water like the Great Lakes. The group of ACA sea kayak instructors who founded PaddleSafely.com, Jeff Adler, John Browning, Sherri Mertz, and Dick Silberman, will present a realistic demonstration of how recreational kayakers handle in rough water and what to expect following a capsize. This is a "must see" for everyone who paddles recreational kayakers.



Karen Mesmer & Robert Rolley Kayaking Lake Superior's Canadian Shore on the Installment Plan

Sat 1:30p, Bear

Join Karen and Robert on their six-year quest to paddle from the Sibley Peninsula to Agawa Bay as well as the Slate Islands and Michipicoten Island. Being older, they knew that they weren't going to accomplish their goal in one year, so they decided to paddle a week or so each summer. From long, sandy beaches to rocky shorelines, they visited lighthouses, viewed caribou close-up and paddled areas where few paddlers visit. Come hear why the real North Shore is one of their favorite places to paddle.

Paige Minor Y The Experience of a Young Kayaker

Fri 6:30p, Loon

Come hear a series of stories told by a young kayaker to show her own experience getting into the sport. Paige will discuss the difficulties of being very young when first beginning to



paddle and wanting to be involved with a sport that can become very extreme. She will also cover how to get more youth involved and the right way to introduce kids without scaring them away from the sport.

Danny Mongno

Brought to you by NRS

All About Paddle Clothing abc

Fri 7:30p, Sylvania
Sat 12:30p, Loon

Cold feet...cold hands...just plain cold? Sweaty...sun burnt? Neoprene vs. dry suit? Is it really a ladies' fit or is it just purple? This splash jacket looks a lot like my rain jacket? In this open discussion, we'll address everything above and then some, and answer all your questions, even the weird ones. In the end we hope you'll walk away with a better understanding of what to wear paddling for each season.



Paddling Skills for the Kayak Angler abc

Sun 2:30p, Pool

To truly enjoy the sport of kayak fishing the angler must embrace the paddling side of it. With proper skills we can spend more time out on the water by using significantly less energy. We can also move more effectively and quietly, positioning our boats for the perfect cast. How do we avoid a flip and what to do when one occurs? Join paddlesport instructor, Danny

Which presentations should I see?

It can be daunting to narrow down which presentations to attend. So many choices and so little time. Want to find all the "beginner friendly" programs? Or just focusing on canoe or kayak or SUP? Maybe you want to hear about paddling adventures in Canada or where to go in the Upper Midwest? The Canoeopia website can help!

To use this feature, go to the "Presentations" section of the website, then select "Presentations by Category." You'll see a list of all the topics that fall under each category. We hope this helps you plan your time at the show.

www.canoeopia.com

Mongno, as he demonstrates how to perform at your best when fishing from your kayak.

Selecting the Perfect Kayak Paddle **abc**

*Fri 4:30p, Atrium
Sat 10:30a, Atrium*

We all share common goals when kayaking: to use less energy, be more comfortable, and have more fun. The first step to get there is to make sure you have a properly-fitted paddle. In this interactive class Danny will help you discover the best paddle design for *your* paddling style and then custom fit the perfect paddle for not only you and your kayak, but for your budget as well.

Stand-Up Paddling Top Ten Tips **abc**

*Sat 2:00p, Pool
Sun 2:00p, Pool*

Join veteran instructor, Danny Mongno, as he takes you through his Top Ten Tips to improve your stand-up paddling. During this on-water seminar, he'll cover safety, stroke efficiency and incorporating footwork for improved balance and board control. If you are already into SUP, or are planning on getting into this great sport, this is one seminar you should not miss.

The Forward Stroke: Sit Down or Stand Up, Let's be Efficient **abc**

*Fri 5:30p, Atrium
Sun 11:30a, Atrium*

We all want to use less energy, stay out longer, maybe go faster, and not be sore. So, it makes sense that the Forward Stroke gets so much attention, since it's the stroke we use the most. Join Danny as he breaks it down in an easy to follow, step-by-step process for kayakers, stand-up paddlers, and canoeists. This is an interactive class, so be ready to participate and have fun.

Ginny Nelson Planning & Packing for a BWCA Canoe Trip **abc**

*Sat 3:30p, Caribou
Sun 2:30p, Bear*

Is the BWCA calling you to travel it for the first time or as a seasoned traveler?

Ginny Nelson, an Ely area outfitter, will guide you through the planning process with tips and



techniques for a successful canoe trip. Learn the top things you need to know for a successful canoe trip. When is the best time to travel the BWCA? Do you need a permit? What route to take? What gear does your group need to bring? What *not* to bring! And much more.

Steven Nelson Top BWCA Sites to Visit

*Fri 7:30p, BWCA
Sat 12:30p, BWCA*

Traveling the Boundary Waters Canoe Area is more than canoeing, hiking, or camping. It is filled with historic, geologic, cultural, and other points of interest that most people paddle or hike right past. Steve Nelson, an Ely-area outfitter and guide, will provide map locations, background details and photos of sites that will spark your curiosity and enhance your wilderness experience. New sites have been added to this popular topic since the last time it was presented.



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PRESENTATIONS



Mark Neuzil & Norman Sims A Natural History of the Canoe in North America

Sat 4:30p, Bear
Sun 1:30p, Caribou

The most important vehicle of transportation in the history of much of the continent was the humble canoe. From the pre-white settlement period of birch barks and dugouts, through all-wood, wood-and-canvas, and modern synthetics, Mark Neuzil and Norm Sims will trace the fascinating history of the watercraft. Included will be a shift from the canoe's role as a working craft to a leisure-time activity. In an era of kayaks and stand-up paddle boards, what's next for the remarkable boat?

Scott Oeth Canoe Poling and Stand-up Paddling abc

Sat 2:30p, Killarney

Scott Oeth is a Registered Maine Guide and avid canoe poler. Learn why he loves teaching this lost art: having the ability

to stop in the middle of whitewater, pole up and down rapids, explore rivers without the need for a shuttle, travel along dried up creeks that would leave a paddler cursing, and being able to stretch your legs and back during a long day in the boat! After hearing Scott, you will want to add poling to your bag of paddling skills.

Paddling Maine's Wild Rivers

Sat 9:30a, Bear

Scott has spent the past few years paddling and poling up and down Maine's wild rivers, and learning from some of the best of the legendary Maine guides. Come hear about the ruggedly beautiful woods and waters of the Pine Tree



State, as well as Maine's unique traditions and culture of outdoor recreation.

Justin Olson Paddling Apostle Islands National Lakeshore

Sat 10:30a, Superior
Sun 10:30a, Superior

Apostle Islands National Lakeshore draws people from all over to experience the beauty and rugged wilderness of these

islands and Lake Superior. What does it take to paddle and camp in this special place? Are you prepared to travel the waters of Lake Superior safely? With proper planning and preparation, you can paddle through sea caves, sleep under the stars, and navigate this inland sea. Join Ranger Justin Olson and start planning your next trip to Apostle Islands National Lakeshore.



Continued on page 45









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PRESENTATION HIGHLIGHTS

CANOECOPIA IS jam-packed with things to do and see! Use this 4-page pull-out section to keep track of speakers and events happening throughout the weekend. Find last-minute changes (and there are likely to be a few) at canoecopia.com

Aluminum Chef Competition

Our crowd-pleasing cook-off returns
Saturday, 4:30 pm in the Quetico Room

ONCE again, our three Aluminum Chefs will test their camp culinary skills against each other in true outdoor style. Kevin Callan returns as our unstoppable MC in this fast-paced event. Woods-woman Mona Gauthier and former park ranger Marty Koch go up against local chef Luke Zahm of the Driftless Cafe in Viroqua, WI. Using MSR stoves and cook kits, and a pantry of simple ingredients you might have on your next camping trip (donated by the Driftless Cafe), our chefs will compete for the best appetizer, entree, and dessert.



Come join the fun - you could be one of the judges from the audience who will determine the winner of each course!



Drop-In Clinics

Saturday, 1-4 pm, Atrium

FOR three hours on Saturday afternoon, we invite you to drop by the Atrium for some show and share. Join our speakers for informal conversations and demonstrations as you learn to build a wooden paddle (Bach), tie a few knots (Shapiro & Gasper), learn about sea kayak navigation (Lockyer), and explore tools and tricks of the arctic seal hunters (DuFresne & DeBoer).

Special Topics

Sharing topics that we think you'll find inspiring

A Different Kind of Vision: Kayaking the Grand Canyon:

Team River Runner organized an incredible mission wherein five blind veterans solo kayaked the Grand Canyon. Hear U.S. Army Specialist Steve Baskis, who lost his sight from an improvised explosive device during military operations in Baghdad, and his kayaking guide Ken Braband (also co-coordinator of the Green Bay chapter of Team River Runner) talk about this amazing journey.

Conflicts Over Canoe Country: The U.S. Bureau of Land Management announced it will renew Chilean mining leases which could allow dangerous sulfide-ore copper mining on public lands next to the BWCAW. The Campaign to Save the Boundary Waters is leading the effort to ensure protection for the Boundary Waters, America's most visited Wilderness, from proposed mining. Hear Levi Lexvold and Courtney Otto, both Regional Organizers for the campaign, talk about the issue and what you can do to help.

The Future of US Olympic & Paralympic Paddlesports: The American Canoe Association, the nation's oldest paddlesports organization, is now the governing body for the United States Olympic & Paralympic canoe and kayak teams for Slalom, Sprint, and Paracanoe. Hear how the ACA is committed to steering the future of paddlesport competition at all levels and meet top athletes training for the 2020 Tokyo Olympics. Paddlesports competition is a healthy alternative to contact sports for kids, so be inspired and get connected!

Maintaining Our Recreational Heritage: Climate change is both a global and local issue, with very direct impacts for those who love to get outside. Join Will Steger and Scott Hackel as they share their perspectives on the changes they've witnessed and learn what you can do to help. Will is a formidable voice calling for understanding and the preservation of the Arctic and the Earth, best known for his legendary polar explorations. Scott is an avid outdoorsman and also an energy engineer.

SPEAKER SCHEDULE

Changes – if needed – (and there will be) will be posted at the Info Booth and at canoecopia.com

		Upstairs - Alliant Center			
		Atrium	Loon	Bear	Caribou
FRIDAY	4:30	D. Mongno Selecting the Perfect Kayak Paddle	M. Phillips Canoeing with Dad and the Gang, circa 1900	H. Schwartz Paddling Woodland Caribou Provincial Park	W. Horodowich Choose the Kayak that Works for You
	5:30	D. Mongno The Forward Stroke: Efficiency	D. York The Peace of Whitewater	C. Zarley Catching More Canoe Country Walleyes	W. Horodowich Boat, Body, and Blade: Efficiency
	6:30	C. Von Briesen, J. Adler Sick or Not Sick?	P. Minor The Experience of a Young Kayaker	J. Baird The Kesagami River Solo	S. Crowley Sea Kayaking the Rathad Na Mara
	7:30	J. Chase Perfectly Pack Your Kayak for a Multi-day Trip	S. & E. Burditt Dad/Daughter Wilderness Camping	S. Baskis, K. Braband Kayaking the Grand Canyon Blind	S. Mertz, C. Vopal Making the Case for Sea Kayaks
SATURDAY	9:30	K. Casey Yoga for Paddlers	N. Schroeter Cold Water Paddling	S. Oeth Paddling Maine's Wild Rivers	S. Mertz Test Paddling Kayaks on the Floor
	10:30	D. Mongno Selecting the Perfect Kayak Paddle	M. Freshley, E. Spanger Paddling Expedition to the Arctic	J. Browning What's in Your First Aid Kit?	G. Julie, S. Marston Paddling Michigan's Keweenaw
	11:30	J. Chase Exercises to Improve Paddling	A. Knepper Building Youth Leadership Through Paddling	C. Wright Paddling America's Everglades	W. Horodowich Choose the Kayak that Works for You
	12:30	Drop-In Clinics 1-4pm J. Bach: Making Straight, Bent, & Double-Bend Paddles R. DuFresne, S. DeBoer: Tools, Tricks of Arctic Hunters C. Lockyer: Sea Kayak Navigation D. Shapiro, D. Gasper: Knots for Paddlers	D. Mongno All About Paddle Clothing	S. Baskis, K. Braband Kayaking the Grand Canyon Blind	B. Schultz Kayak Fishing: Getting Started
	1:30		V. & K. Popp Popp Family Paddling Adventures	K. Mesmer, R. Rolley Kayaking Lake Superior's Canadian Shoreline	A. Funk Trip Like A Girl
	2:30		A. Knepper Let's Talk About Race...	W. Horodowich Staying Upright in Your Kayak	R. Williamson Alaska DIY Paddling Adventures
	3:30		P. Savard #SUP4WATER, Paddling for Humanity	W. Voight Little Missouri: Backyard Wilderness	G. Nelson Planning & Packing for BWCA Canoe Trip
	4:30	D. Kolodji Power to the Pipsqueaks	C. Porter Canoeing 7 Months Pregnant Plus a Newborn	M. Neuzil, N. Sims A History of the Canoe in North America	C. Zarley Catching More Canoe Country Walleyes
SUNDAY	10:30	K. Casey Yoga for Paddlers	B. Porter Group Dynamics on a Long Paddle	W. Horodowich Staying Upright in Your Kayak	C. Lockyer The Wild Coast of Labrador
	11:30	D. Mongno The Forward Stroke: Efficiency	M. & B. Marko Canoe Camping with Babies and Toddlers	W. Horodowich Boat, Body, and Blade: Efficiency	M. Koch Basic River Safety for the Novice Paddler
	12:30	M. Langlie Physical Preparation for Paddling	C. Lockyer Trip Planning for Sea Kayakers	C. Wright Paddling America's Everglades	J. Browning What's in Your First Aid Kit?
	1:30	J. Chase Perfectly Pack Your Kayak for a Multi-day Trip	A. & E. Elkins Logistics for Planning a Paddling Trip	A. Funk Trip Like A Girl	M. Neuzil, N. Sims History of the Canoe in North America
	2:30	P. Kuhn The Perfect Fit	D. Akin Kayak Fishing and Tournaments	G. Nelson Planning & Packing for a BWCA Canoe Trip	H. Schwartz Woodland Caribou Provincial Park

SPEAKER SCHEDULE

Main Floor - Alliant Center					
Sylvania	Algonquin	BWCA	Superior	Quetico	
M. Koch Basic River Safety for the Novice Paddler	D. Tobey Ozark National Scenic Riverways	J. Van Den Brandt Wildlife Photography: From Bland to Grand	C. Amidon Paddling Isle Royale National Park	C. Jacobson Canoeing Secrets	4:30
J. Browning Navigation 210: Beyond "Look, See, Go"	D. Halloran Lake Superior's Shoreline Parks	B. Paulsen BWCA: What You Need to Know	S. Griffin St. Croix National Scenic Riverway	K. Callan Once Around Algonquin	5:30
L. Dominguez Get Started Canoeing, Now!	B. Smith, R. Malchow Paddling Door County, Our Happy Place	B. & G. Geiger Healthy One-Pot Meals	J. Robinet Pack Boat Wilderness Tripping	D. Cox Paddle the National Parks of the Midwest	6:30
D. Mongno All About Paddle Clothing	J. Vandiver Songs for the Heart of the Paddler	S. Nelson Top BWCA Sites to Visit	A. & M. Fairfield WI Rivers Made for Paddle Camping	R.Kesselring, S.Plankis Travel Like a Wilderness Guide	7:30
L. Dominguez Get Started Canoeing, Now!	S. Crowley Kayaking the Outer Coast of Great Bear	B. & G. Geiger Healthy One-Pot Meals	D. Cox Paddle the National Parks of the Midwest	C. Jacobson Camping's Top Secrets	9:30
B. Swab Being Equipped for Kayak Fishing	M. Koch Ten Steps To Better Outdoor Photography	M. Gauthier Food Dehydration 101	J. Olson Paddling Apostle Islands National Lakeshore	R.Kesselring, S.Osthoff Wilderness Canoe Tripping Style	10:30
J. Baird Planning A Wilderness White Water Trip	D. Tobey Ozark National Scenic Riverways	W. Steger, S. Hackel Maintaining Our Recreational Heritage	C. Amidon Paddling Isle Royale National Park	K. Callan Once Around Algonquin	11:30
T.L. Martin 3,592 miles around the Great Lakes	T. Bomkamp Back Country Cooking	S. Nelson Top BWCA Sites to Visit	J. Robinet Pack Boat Wilderness Tripping	C. Jacobson Bear-Proofing Your Camp	12:30
C. Stec & Panel US Olympic & Paralympic Paddlesports	B. Hansel Photographing Seascapes	S. Griffin St. Croix National Scenic Riverway	J. Bates History & Ecology of Old Growth Forests	K. Callan Paddling Ontario's Thames River	1:30
L. Lexvold, C. Otto Conflicts over Canoe Country	R. McLeod Paddling the Upper Mississippi River	M. Koch 30 Years A Ranger	A. & M. Fairfield Discover Sylvania	J. Baird Cool Outdoor Tips and Hacks	2:30
B. Perry Surfing Sea Kayaks in Pacific Waves	J. Vandiver Songs for the Heart of the Paddler	J. Van Den Brandt Wildlife Photography: Bland to Grand	R.Kesselring, S.Plankis Travel Like a Wilderness Guide	T. Bauer River Tour Along I-94	3:30
Thompson, McCallister Explore Natural North Florida	B. Smith, R. Malchow Lake Michigan's Water Trail	B. Hansel Paddling the Rio Grande River	W. Steger Canoe Sledding the Canadian Barrens	Aluminum Chef Competition	4:30
Thompson, McCallister Explore Natural North Florida	B. Hansel Photographing Seascapes	B. Schultz Kayak Fishing: Getting Started	J. Olson Paddling Apostle Islands National Lakeshore	C. Jacobson Camping's Top Secrets	10:30
B. Swab Being Equipped for Kayak Fishing	B. Paulsen BWCA: What You Need to Know	B. Smith, R. Malchow Lake Michigan's Water Trail	J. Bates Wildlife: What To See Between Point A and B	K. Callan Paddling Ontario's Thames River	11:30
L. Lexvold, C. Otto Conflicts over Canoe Country	R. McLeod Paddling the Upper Mississippi River	S. Crowley Sea Kayaking the Rathad Na Mara	T. Bauer The Paddling Playground of Black River Falls	A. & M. Fairfield Discover Sylvania	12:30
J. Redding Fishing From a Personal Watercraft 101	D. Halloran Lake Superior's Shoreline Parks	J. Bates History & Ecology of Old Growth Forests	T. Bauer River Tour Along I-94	C. Jacobson Canoeing Secrets	1:30
D. Ellingson Kayaking the Fjords of Norway	J. Vandiver Songs for the Heart of the Paddler	M. Gauthier Food Dehydration 101	A. & M. Fairfield Wisconsin Rivers Made for Paddle Camping	J. Baird Cool Outdoor Tips and Hacks	2:30

SPEAKER SCHEDULE

		Clarion Hotel	
		Killarney	Voyageur
FRIDAY	4:30	J. Redding Fishing From a Personal Watercraft 101	J. Chase Leadership Principles for Effective and Fun Day Trips
	5:30	N. Dutack Protecting Your Waters as You Play	N. Schroeter Cold Water Paddling
	6:30	A. Talley Tall Tales from Fur Trade Trails	B. Perry The Call of the Journey
	7:30	D. Ellingson Kayaking the Fjords of Norway	D. Akin Kayak Fishing & Tournaments
SATURDAY	9:30	R. Silberman When is Old Too Old... to Paddle?	A. Talley Tall Tales from Fur Trade Trails
	10:30	M. & B. Marko Canoe Camping with Babies & Toddlers	D. York Wild Rivers of the Wild West
	11:30	L. Sobota, S. Mertz Great Lakes, Great Responsibilities	M. Phillips Canoeing with Dad and the Gang, Circa 1900
	12:30	J. Ringdahl Leave No Trace-A Land Ethic	E. LeMoine Loons: Symbol of Northern Lakes
	1:30	J. Van Barriger Yukon Journey' Charitable Expedition	T. Thomsen Explore Door County Shipwrecks by Kayak
	2:30	S. Oeth Canoe Poling and Stand-up Paddling	C. Wright Fishing Everglades National Park by Kayak
	3:30	E. Maitland Safety Considerations for Kayaking	T. Williams Two Great Oregon Rivers
	4:30	K. Wikle Coaching the Mind	V. Fish Ottertooth Canyon
SUNDAY	10:30	C. Wilson Blade, Body, Boat	P. Ciere The Backcountry's Power to Heal
	11:30	J. Zellner, P. Gabrielson Expedition Realities	D. Ryun The Wild and Scenic St. Croix Film
	12:30	L. Gundlach North to Hudson Bay	L. Vogel Women Empowered in Wilderness
	1:30	S. Fritz Learn to Return	W. Voight, L. Reinebach Old Paddler's Lament
	2:30	J. Browning Navigation 210: Beyond "Look, See, Go"	T. Thomsen Explore Door County Shipwrecks by Kayak

		Pool Demos – Clarion Hotel	
		SATURDAY	SUNDAY
	12:00	S. & A. Bloyd-Peshkin Unconventional Wisdom	A. Knepper Trouble Shooting Rescue Struggles
	12:30	L. Dominguez Basic Strokes to Freestyle Canoe Maneuvers	J. Robinet High Efficiency Pack Boat Tripping
	1:00	B. Perry Solo Kayak Rescues	T. Gallaway Greenland Style Rolling
	1:30	S. Mertz & PaddleSafely.com Rec Kayak Rescue Reality	S. Mertz & PaddleSafely.com Rec Kayak Rescue Reality
	2:00	D. Mongno Stand-Up Paddling Top Ten Tips	D. Mongno Stand-Up Paddling Top Ten Tips
	2:30	T. Gallaway Greenland Style Rolling	D. Mongno Paddling Skills for the Kayak Angler

Pool Demonstration Notes

- Pool sessions are 20 minutes long.
- Pool demonstrations have significant capacity limitations. The fire code limits us to 99 people.
- Since they're so popular and space is limited, we clear out the audience before each new demonstration. Line up early for those you want to see.



How can you help more kids get out on the water?

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continued from page 40



Bear Paulsen

Brought to you by Northstar Canoes

BWCA: What You Need to Know

Fri 5:30p, BWCA

Sun 11:30a, Algonquin

Find out everything you need to know about paddling in the BWCAW. Bear will share his knowledge of permits, routes, wilderness tripping techniques, and mix in a dose of BWCA history. He'll give you hints on avoiding the crowds whether you're base-camping or traveling daily. He'll also share ways to avoid the two most threatening parts of canoe country - bugs and bears.



Bonnie Perry

Baja Bound: Surfing Sea Kayaks in Pacific Waves

Sat 3:30p, Sylvania

For several years now, Bonnie Perry and Ginni Callahan have run a surf camp on the West Coast of the Baja Peninsula for the sole purpose of teaching sea kayakers how to ride point break waves in sea kayaks. Imagine surfing amazing manageable swells, viewing brilliant stars, sleeping in three sided palapas on the beach, and eating luscious food catered by a local family! Join Bonnie to discuss what it takes to surf in the Pacific.

Solo Kayak Rescues

Sat 1:00p, Pool

Sometimes we paddle by ourselves, and things go wrong and we wind up out of our boat. What are some simple ways to get back in? Join Bonnie Perry for a look at three solo rescues: the cowboy scramble, the re-enter and roll and the paddle-float re-enter and roll. Always remember that rescues are about technique and not strength!

The Call of the Journey

Fri 6:30p, Voyageur

All of our lives begin in water. We as paddlers continue our journey in and through water and because of this we see the world and ourselves differently. The places we see, the people we meet, the creatures we encounter, the emotions we feel—all of these come together on a journey through the water that touch our souls and enrich our lives. Come spend some time with Bonnie, discussing how our journey on water transform the journey of our lives.



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PRESENTATIONS

Martha Phillips Canoeing with Dad and the Gang, circa 1900

Fri 4:30p, Loon
Sat 11:30a, Voyageur
"Canoeing with Dad
and the Gang, circa
1900" presents original
diaries and photographs
of canoe journeys made



long before Sig Olson and Cal Rutstrum plied northern lakes, and before canoe maps and guide books existed. Dad's outfit consisted of wool, canvas, and leather; his supplies included 100# of flour, dried fruits, and tinned sardines. A hundred years ago, fisherman, loggers, and miners were the only other travelers Dad met and the Ojibwa still lived where they wished. Paddle along with Dad to experience the waters he enjoyed long ago.



Vic & Kara Popp Isaac & Sylvi Go Canoeing: Popp Family Paddling Adventures abc

Sat 1:30p, Loon

The Popp family (Vic 40, Kara 40, Isaac 7, Sylvi 5) love tent camping and paddling together. The Pops spend quality family time in their 20.5 foot canoe every paddling season. Vic and Kara will discuss their fun family canoe adventures, such as Isaac and Sylvi really starting to enjoy paddling by taking Dad for their first kids-only paddle. Their session will highlight best practices for family canoeing trips. Isaac and Sylvi will be present to answer some of your questions as well.

Bill Porter Group Dynamics on a Long Paddle

Sun 10:30a, Loon

Bill will recount his 140-mile remote sea kayak journey along the coast of British Columbia, where the group of eight paddlers experienced an array of wildlife, deserted beaches, crashing ocean swell, and meteor showers. Bill will talk about the dynamics of a group with mixed-skill paddlers, no single trip leader, and he will recount an unplanned 'incident management' class that added to



the excitement of this journey. Trip leaders or anyone who takes trips to the backcountry will find interest in this presentation.

Claire Porter Canoe Trips at 7 Months Pregnant and with a Newborn abc

Sat 4:30p, Loon

Claire and husband Bear Paulsen paddled 260 miles in 17 days on the Bloodvein River in Ontario and Manitoba, while she was 7 months pregnant. Then, after welcoming their son, Dashwa, in September, they headed for the BWCA in October, spending 18 days introducing him to the wilderness. Both seasoned outdoor travelers, they adapted both their gear and expectations so they could thrive in their outdoor adventures together.



Jameson Redding New Y

Brought to you by Jackson Kayak

Fishing From a Personal Watercraft 101 abc

Fri 4:30p, Killarney

Sun 1:30p, Sylvania

Fishing from a personal watercraft can be one of the best ways to reach new and untouched waters! With the growth of the industry, there have never been more options to get you out there and on the fish. Join pro kayak angler Jameson Redding as he walks us through all the basic rigging to get you safely on the water and on the fish!

Jonathan Ringdahl Y Leave No Trace: A Land Ethic abc

Sat 12:30p, Killarney

Leave No Trace is a growing practice that can improve our lives and spaces. We will paddle through what it is and its guidelines. We will then look at how, at its core, it can improve our spaces and lives. We will explore its historical connections to Aldo Leopold's land ethic. This seminar will engage the audience and pull you in. This is for all who want to learn while having fun!



SCRAPADDLE.ORG JUNE 8-14

Joe Robinet 

*Brought to you by Swift
Canoe and Kayak*

**High-Efficiency
Pack Boat Tripping** 

Sun 12:30p, Pool

Follow along with Joe as he takes paddlers through his tips and tricks for backcountry tripping. Operating with a solo open-top pack boat instead of a traditional canoe or kayak, Joe will teach you some effective methods he's learned over the years spent in the woods. From gear selection, packing, and the art of portaging, Joe will show you how you can make your next adventure simpler, lighter, and faster.

Pack Boat Wilderness Tripping 

Fri 6:30p, Superior

Sat 12:30p, Superior

An expert at lightweight tripping with his trusty Pack boat, Joe will speak about lessons he's learned through years of camping and bushcraft, survival tips and tricks for backcountry adventurers, and how to trip efficiently using a lightweight boat and gear. Learn how to make your next paddling adventure more efficient, more comfortable, and more fun with stories from one of Canada's most well-known outdoor personalities.

Debra Ryun
**The Wild and Scenic
St. Croix Film** 

Sun 11:30a, Voyager

The Wild and Scenic St. Croix is a beautiful film that pays tribute to the St. Croix and Namekagon rivers. It is part of the celebration of the 1968 landmark legisla-

tion which preserved rivers with outstanding natural, cultural, and recreational values in a free-flowing condition for present and future generations. Enjoy this film and learn why the St. Croix and Namekagon were among the original rivers designated under the Wild and Scenic Rivers Act, and the first to be named a national park.



New

**Pete Savard** **#SUP4WATER: Paddling for Humanity**

Sat 3:30p, Loon

What is the link between stand-up paddle boarding and humanity? This past summer a team of stand-up paddleboarders and their support team set out to paddle the Susquehanna River from source to sea. Why? Because a dreaming dad and his adventurous daughter believed they could make a difference, they set out on a 30-day paddle for humanity! Come and join us on our adventure down the Susquehanna and see how it has impacted people across the globe!

Neal Schroeter
**What Everyone
Should Know about
Cold Water****Paddling** 

Fri 5:30p, Voyager

Sat 9:30a, Loon

So, you say you'll stay dry?! Famous last words! Cold water goes with paddling in the midwest. Cold water immersion & hypothermia is one of the biggest dangers paddlers face. To stay safe, it's necessary to have a healthy respect for the cold waters we paddle. We will consider how to prevent, recognize, and potentially treat cold water injuries. This presentation could save your life!

**Bill Schultz**
**Kayak Fishing:
Getting Started** 

Sat 12:30p, Caribou

Sun 10:30a, BWCA

Bill has given kayak fishing seminars at a variety of shows and written numerous articles on kayak fishing. He has shared



his expertise with many who are just getting started in kayak fishing and looking for guidance. Bill's talk will look at selecting the right fishing kayak for your type of fishing, look at paddle vs. self-propelled and picking the proper paddle. He'll also discuss rigging and transporting your fishing kayak. An avid bass angler, Bill will touch on rods/reels for kayak fishing, and mention a couple "outstanding" lures and presentations.

**Harlan Schwartz****Land of Fire: Paddling Woodland Caribou
Provincial Park**

Fri 4:30p, Bear

Sun 2:30p, Caribou

Wild, raw and inspiring, the landscape within Woodland Caribou Provincial Park offers a unique look into one of the largest fire-driven ecosystems within Ontario. At over 1.2 million acres in size and seeing less than 500 paddlers annually, Woodland Caribou is widely regarded as the crown jewel of Ontario wilderness paddling! Join us as we head deep within the interior of this stunning park to explore how forest fires, both past and recent, have shaped and created this dynamic paddling frontier.

**Dave Shapiro & Don Gasper**
Knots for Paddlers 

Sat 1-4p, Atrium

Dave and Don are back with their popular Knot Clinic. Drop in and ask a question, learn a new knot, or just admire the knot board. If you learn something new, stick around and show it to the

PRESENTATIONS

next person. After all, sharing knowledge is what the paddling community is all about.



Richard Silberman When is Old Too Old... to Paddle? **abc**

Sat 9:30a, Killarney

Cardiologist and certified instructor Dick Silberman did not get into a kayak until his mid-fifties, after running marathons and competing as a blackbelt in Judo. His presentation looks at what "age" really means and what seniors need to know about themselves, kayaking, and the dangers of retiring and sitting. Always the contrarian, you may be surprised by what he has to say on these and other subjects. Just be sure to bring your questions and your sense of humor.

Babs Smith & Rick Malchow Lake Michigan's Water Trail: Door County to Illinois

Sat 4:30p, Algonquin
Sun 11:30a, BWCA

The Schooner Coast is a Wisconsin maritime destination with exciting harbor towns, iconic lighthouses and schooner shipwrecks. Celebrate Wisconsin's shoreline water trail with towering bluffs, gorgeous gorges, and welcoming sandy beaches. The brother and sister duo, Babs and Rick, will share their experience exploring the shoreline with day trips from Sturgeon Bay to Illinois, including the public accesses of Wisconsin's Lake Michigan Water Trail.

Paddling Door County: Our Happy Place

Fri 6:30p, Algonquin

Having paddled all the Door County shoreline, the brother and sister duo, Babs and Rick, are often asked "What's your favorite paddle?" Unfair question. But, with a little sibling give and take, Babs and Rick will each endeavor to share their top Happy Places in Door County. Will it be the bluffs, beaches, lighthouses, shipwrecks, or a perfect moment? Come find out.

Lenore Sobota & Sherri Mertz Great Lakes, Great Responsibilities **abc**

Sat 11:30a, Killarney

The year 2018 was deadly on the Great Lakes. Not all of the record-number of drownings were paddling-related. However, the deaths of a father and three children while kayaking in the Apostle Islands rightfully attracted a lot of attention. The Great Lakes come with Great Responsibilities. Join a panel discussion about our responsibility to be properly prepared and our responsibility to educate others. Learn more about paddling deaths, efforts to prevent them and what it takes to take on the Great Lakes. Be prepared to offer your own suggestions too.

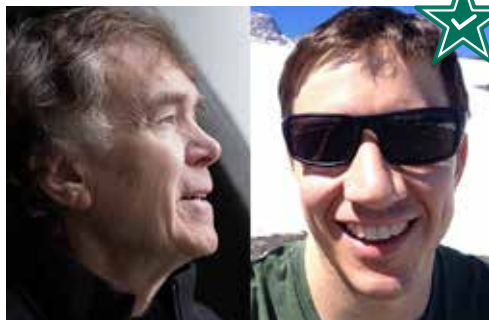
Chris Stec & Panel **Y**

Brought to you by MTI Life
Jackets

The Future of US Olympic & Paralympic Paddlesports: 2020 and Beyond **Y**

Sat 1:30p, Sylvania

What does the ACA have to do with the 2020 Olympics & Paralympics in Tokyo? A lot! The nation's oldest paddlesports organization is now the national governing body for the United States canoe and kayak teams for Slalom, Sprint, and Paracanoe. Come hear how the ACA is committed to steering the future of paddlesport competition at all levels. Meet top athletes training for the 2020 Tokyo Olympics, get an autograph and a selfie! Find out how paddlesports competition is a healthy alternative to contact sports for kids. Get inspired and get connected with real paddlesports rock-star role models!



Will Steger & Scott Hackel **New**

Brought to you by Northstar Canoe

Maintaining Our Recreational Heritage

Sat 11:30a, BWCA

Climate change is a local issue with very direct impacts for those of us who love to get outside and paddle, hike, fish, hunt, and more. This session will use the latest science to explore how our outdoor pursuits may be changing along with our climate, especially in the areas most of us live and play. But all is not doom and gloom - we will share some actions that we all can take to maintain our recreational heritage.

Bart Swab

Brought to you by Werner
Paddles

Being Equipped for Kayak Fishing **abc**

Sat 10:30a, Sylvania

Sun 11:30a, Sylvania

Bart will talk about keeping it simple and having everything you need for a day on the water kayak fishing.

Depending on the environment and the desired species, equipment needs change. Having the right gear is essential for achieving success. Keeping it at a minimum will help you enjoy the experience. From picking the right kayak and paddle to fit your needs, to *all* the accessories there are available for today's kayak fisher-men and -women.



Andrew Talley Tall Tales from the Fur Trade Trails

Fri 6:30p, Killarney

Sat 9:30a, Voyageur

From out of the past meet Andre' St. Pierre, 1750 French-Indian fur trader. Andre' will present an energetic and entertaining look at the French fur traders and the native tribes that they lived and worked with. He will delight the audience with short stories and tall tales about his adventures in the north country. Experience the fur trade in this historically imaginative program. This year's presentation will include new stories along with some old favorites. History has never been so much fun.



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PRESENTATIONS

Tommy **Thompson** & Russ **McCallister** **Explore Natural North Florida**

Sat 4:30p, Sylvania
Sun 10:30a, Sylvania

The multi-county region known as “Natural North Florida” is a year-round paddler’s paradise. Learn about our springs, rivers, and Gulf Coast. Highlights of the area include the 200-plus-mile-long Suwannee River Wilderness Trail and the Big Bend Saltwater Paddling Trail. The region offers paddlers a wide range of opportunities, including day or extended trips. Learn about our freshwater and saltwater paddling destinations, as well as our coastal communities. Visit a special part of Florida, where “Nature Is Our Theme Park”!

Tamara **Thomsen** **Explore Door County Shipwrecks by Kayak**

Sat 1:30p, Voyageur
Sun 2:30p, Voyageur

Discover Door County’s history hidden beneath the waves with Wisconsin Historical Society’s maritime archaeologist, Tamara Thomsen. Explore easily-accessible, shallow-water shipwrecks along Door County’s scenic shoreline through underwater video, historic photographs, and archaeological discoveries. Hear stories of their tragic losses and learn how to visit, protect, and preserve these time capsules of our maritime past.

Dave **Tobey** **Paddling and Hiking Options in the Ozark National Scenic Riverways**

Fri 4:30p, Algonquin
Sat 11:30a, Algonquin
The Current and Jacks Fork Rivers were the first American rivers protected by an act of Congress in 1964.

Paddlers have enjoyed the many karst features along the rivers including large springs, caves, and bluffs for decades. New hiking trails in the park are providing an opportunity for paddlers to visit areas that have been difficult to reach since the park was established 54 years ago.



Paddlers will also learn about several new hike-float options available to visitors.

John **Van Barriger** **The ‘Yukon Journey’ Charitable Expedition**

Sat 1:30p, Killarney

In the summer of 2018, five canoeists and kayakers from three countries set out on an ambitious trip to paddle the Yukon River from source-to-sea, all while raising funds for rural and wilderness first responders. The team encountered numerous challenges, from harsh weather and hypothermia to health concerns and family emergencies. But these challenges were offset by incredible scenery, abundant wildlife, northern hospitality, and incredible paddling. Learn more about this unique expedition, its charitable efforts, and why they’ll return to Alaska in 2019 to continue their journey.



John **Van Den Brandt** **Wildlife Photography: How to take Yours From Bland to Grand**

Fri 4:30p, BWCA
Sat 3:30p, BWCA

Whether you’re a serious photographer or a novice point and shooter, professional photographer John Van Den Brandt can help you take your wildlife photography from bland to grand. From image conceptualization to field tactics, John shares a wealth of tips to make you a more fluid and instinctive wildlife photographer. John’s presentations are known for their solid practical information and humor, and feature breathtaking images from his wildlife calendars, which have sold over 100,000 copies.



Jerry **Vandiver** **Songs for the Heart of the Paddler**

Fri 7:30p, Algonquin
Sat 3:30p, Algonquin
Sun 2:30p, Algonquin

Back to Canoeopia for the 8th year, award-winning songwriter Jerry Vandiver has song credits on over 15 million records and paddling credits on countless rivers, streams, and lakes across North America. Jerry will be debuting some new songs along with favorites from his paddlesongs CDs, “True And Deep,” “Every Scratch Tells A Story,” “Mixed Dry Bag,” and “Paddle On.” He’ll be with The One Match Band for a fun, musical, and unique addition to the Canoeopia experience.



Lori **Vogel** & LuAnn **Buechler** **Set Up for Success: Women Empowered in Wilderness**

Sun 12:30pm Voyageur

Join Lori and LuAnn as they share tips and tricks for a group of women to successfully tackle the wilderness together. Get pointers about transporting canoes, portaging gear, staying safe, and choosing quality food. Discover what clothing works best to be dry, warm, and comfortable. Learn how to build a team that trusts and empowers each other to grow while creating a unique experience with lasting bonds.

William **Voight** & Larry **Reinebach** **Old Paddlers’ Lament**

Sun 12:30p, Voyageur

Four longtime friends have explored wilderness rivers together since the 1970s. Now entering

their 70s, questions arise regarding the wilderness canoe camping era ending. In this moderated discussion, Bruce, Dave, Larry, and Bill, using decades of images, candidly, thoughtfully and bittersweetly address philosophical issues like: Why do we canoe-camp? Are we still capable or liabilities? Is there a time to stop? Why stop? What would make one stop? Is canoeing really important? Does age change the trip approach? If it's time to stop, then what?

William Voight

The Little Missouri: Backyard USA Wilderness

Sat 3:30p, Bear

The Little Missouri flows through both the north and south units of North Dakota's Theodore Roosevelt National Park. Spring water levels make paddling the Little Missouri, a unique canoe-camping trip, possible. In May 2018, four usual paddling suspects canoed the full 116 miles, through both park units and territory in-between. Only 560 miles from Minneapolis, the group found remote scenic country, comfortable campsites, and saw

essentially no one. This presentation covers the beauty, challenges, and logistics of paddling (and sometimes slogging) the Little Missouri.



Chris von Briesen & Jeff Adler

Sick or Not Sick? You Make the Call abc

Fri 6:30p, Atrium

Do you want to be better prepared to assist fellow paddlers? Then this presentation is for you! Chris and Jeff will outline the process of how to make a medical assessment and simplify medical decision making. They will discuss how to use these tools to help a sick or injured paddler, and will include group exercises where participants will practice making assessments and determine

the plan of action. Is this the same as a 2-day Wilderness First Aid course? Of course not. But it will start you thinking that way.

Keith Wikle

Coaching the Mind for Performance Paddling

Sat 4:30p, Killarney

Our bodies are fantastic machines.

Even more incredible

are our minds. The supercomputers in

our heads drive us to

distraction. Paddling puts us in a very unique position to be focused on our bodies, our

surroundings, and nature. Keith will help you get connected to the present moment, improve

your paddling, and increase your awareness of your body and your environment. He will have

examples from a variety of sporting disciplines and paddling environments to push your

paddling to the next level.



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PRESENTATIONS



Travis Williams

Two Great Oregon Rivers: The Willamette and the John Day

Sat 3:30p, *Voyageur*

This presentation will provide vivid imagery of the Willamette River centered in Western Oregon, as it weaves through a large valley replete with wineries, cities, farmland, and many rustic paddle-in campsites that stretch for over 170 miles. Travis will also share another view of what the region offers with the John Day River. The John Day stretches over 250 miles, with a large segment designed as Wild and Scenic. Its deep basalt canyons provide amazing scenery, abundant wildlife, and an ideal setting for a multi-day canoe trip.

Richard Williamson

Alaska DIY Paddling Adventures

Sat 2:30p, *Caribou*

Alaska has over 3,000 rivers, over 3,000,000 lakes, and over 6,500 miles of coastline. It is impossible to paddle all of it. The question is, "Where do I start?" Whether you have a day, a week, or longer, there is a wilderness paddling adventure awaiting you in Alaska! Rich has paddled with his son-in-law and grandkids,



experiencing the wild grandeur that is only found in Alaska! Rich will give an overview of some of these adventures, including logistics and other considerations, so that you can plan your own adventures!



Charlie Wilson

Brought to you by *Swift Canoe and Kayak*

Blade, Body, Boat

Sun 10:30a, *Killarney*

Paddling is a skill-intensive sport enhanced by improving technique. Blade shape, size, and orientation affect propulsion. Paddler biomechanics and cadence vary for standing, sitting, and kneeling paddlers. Hulls that are quiet in the water are fast. Subtle heeling and pitching enhance paddler control. Charlie pulls these divergent concepts into a useful whole with passion and humor in a new presentation including video clips.

Charles Wright

Fishing Everglades National Park by Kayak

Sat 2:30p, *Voyageur*

The #1 wintertime fishing destination in North America is just 40 minutes from Naples and Marco Island in the Everglades. Kayaks



offer access to fishing areas that few other anglers can experience. With both fresh and saltwater, the Everglades mean diversity and opportunities: Large-Mouth Bass, Peacock Bass, Panfish, and Exotics, such as Tilapia, Oscars and Midas Cichlids, as well as, Tarpon, Snook, Redfish, Speckled Trout, Flounder, and Mackerel. Whether a DIY day trip, or a guided, outfitted three-day kayak/fishing/camping trip, the Everglades can be an experience of a lifetime.

Paddling America's Everglades

Sat 11:30a, *Bear*

Sun 12:30p, *Bear*

Florida's Everglades National Park is North America's premier wintertime paddling destination. With water and air temperatures in the 70s, spectacular wildlife, and two million acres of protected wilderness, it is the "Paddler's Paradise." You can: paddle miles of mangrove forest canopy tunnels; canoe to a remote, uninhabited beach for lunch; go shelling or exploring; paddle from one side of the Park to the other. Take your family, gear, and kayaks on a transport boat deep into the wilderness to camp, paddle, fish, bird, beach, photograph, or just relax.



Dan York

The Peace of Whitewater

Fri 5:30p, *Loon*

Whitewater paddling has an image problem. It's seen as an extreme sport practiced by

FAREWELL

This year we said thanks and happy trails to two women who were rock-solid pillars in the paddling juggernaut that is Rutabaga: Nancy Saulsbury and Mary B. (*Mary likes a little anonymity, that's all.*)



Nancy at DCSKS

Nancy retired after 19 years as the Rutabaga Outdoor Programs Director. Thanks to her efforts, we've become more organized than we could have hoped. Nancy has always been the squeaky wheel making sure that every *i* gets its dot, and every *t* is crossed. She managed all of the speakers at Canoeconia and helped found our Door County Sea Kayak Symposium (DCSKS), successfully guiding it for 15 years before turning the reins over to Amelia Musser.

Mary took over our finances nine years ago. She more than managed the books. She helped create systems that ensured that every honest invoice got paid and every honest deduction was taken. She pushed hard for her point of view but was also willing to listen to someone else's. Her partner in life needs her help and she left us to become his advocate and caregiver.

They will both be terribly missed.

20-something adrenaline junkies hurtling off huge waterfalls. The truth is that whitewater can be enjoyed by a wide range of paddlers. There is a world of wonderful rivers with modest rapids that pose minimal risks. In this presentation Dan York will show the peace—even calm—that can be found on rapid rivers. Whitewater is not just for thrill-seekers, but for any paddler wishing to explore wild rivers and enjoy the dance of flowing water.

Wild Rivers of the Wild West

Sat 10:30a, Voyager

Wild western whitewater rivers are the stuff of paddling dreams. They offer river runners the chance to paddle multiple days through spectacular landscapes of mountains, canyons, forests and deserts. The rivers are as varied and distinct as the western landscapes themselves. In this presentation Dan York will share images and experiences from paddling several premiere and pristine western rivers. He will discuss what it takes to do these, whether on your own or with an outfitter. You'll learn how to make your own wild west paddling dreams come true.

Craig Zarley Catching More Canoe Country Walleyes **abc**

*Fri 5:30p, Bear
Sat 4:30p, Caribou*

Craig is the popular presenter of "Catching Canoe Country Walleyes" at past Canoecopias. After more than 50 years of chasing Quetico and Boundary Waters walleyes, he's still learning new tricks. He'll show you where and how to catch walleyes from a canoe without using electronic gadgets or expensive tackle. He'll explain why he's a convert to braided line, and why a jig and plastic twister tail trump more expensive lures as the premier walleye-catching bait. Come find out how he's modified his tackle and techniques to catch more walleyes.



Joe Zellner & Peggy Gabrielson Expedition Realities

Sun 11:30a, Killarney

After paddling 3,100 miles on The Great Lakes and camping for 5 months along the shore, Joe and Peggy are able to give you a very realistic approach to planning an extended trip on the water. They will tell you what works and what doesn't. Their list of gear, food and necessary/not needed supplies will save you time, money, and headaches. Safety should always be your first priority.



PADDLERS COME IN ALL SIZES.
YOUR LIFE JACKET SHOULD TOO.

