## RUTABAGA OUTDOOR PROGRAMS



#### Do you have the skills to get you where you want to go?

Whether you want to kayak the Apostle Islands, canoe the Boundary Waters, or stand-up paddle at the family cabin, Rutabaga Outdoor Programs will help you get there.

For a small investment of time and money, quality instruction pays dividends for the rest of your paddling life, no matter where you're at in your journey. You'll learn techniques to be more in control of your craft. You'll gain confidence and efficiency. You'll be better able to manage risk. You'll learn how to avoid putting undue stress on your body. And, you'll have a good time!

Whatever your skill level, whatever your reasons, take a class with Rutabaga Outdoor Programs. We want to get you out and exploring and enjoying your waterways.

See you out there!

#### Why take a class with Rutabaga?

Here's what some of our students had to say...

#### **Best. Instructors. Anywhere.**

"The instructor was delightful! Great, patient, and personable, with comprehensive knowledge of kayaking."

"I really enjoyed the instructor's encouragement and demonstrations. She blended us into a team. The focus and sense of fun made for an excellent course!"

#### Relaxed vibe.

"Fun, non-threatening, non-judgmental learning environment. Thank you!"

"Relaxed atmosphere, simple instructions, lots of time to practice. Great time and I learned a lot!"

#### Small classes.

"The small class size allowed for lots of individual attention. Very helpful one-on-one feedback when needed."

#### Risk management.

"Great coverage of safety protocol. The instructor made me feel comfortable and unafraid. A great program!"

#### Great value.

"Instruction was amazing - worth the trip from Stevens Point and more!"

#### **Classes are FUN!**

"Loved the camaraderie, having new experiences, and learning lifelong skills. Fun!"



I am thrilled to be stepping into the role of Director of Outdoor Programs at Rutabaga. As the Programs Coordinator

for the past five years, I look forward to now managing the quality programming we do here. Provding opportunities for people who are brand-new to paddling, looking to expand their skills, or just wanting to spend time on the water, is what we are all about. I personally love spending time on the water and can't wait to share that experience with you!





Tucker **Outdoor Programs Coordinator** tuckerm@rutabaga.com

Growing up on the Yahara River offered me early access to the wonders of paddling (shout out to N. Thornton



Ave). Much of my passion for the outdoors was fostered as a camper and staff member at Camp Manito-Wish YMCA. As a youth I took my first extended paddle up at camp on the Trout Lake Circle, a route that I would be lucky enough to lead years later as a counselor. I couldn't be more excited to have found myself working amongst the amazing people of Rutabaga.

#### RUTABAGA OUTDOOR PROGRAMS

#### **Getting Started**

"Outstanding! Feel much more comfortable paddling. Clear instruction on all the basics and learning the proper techniques. Loved it!"

#### **Canoeing Classes**

Whether you're interested in **Solo Canoeing** or **Tandem Canoeing**, we have the class for you! Learn efficient paddling strokes, maneuvers, and safety protocol to better enjoy your time on the water!



#### **Stand-Up Paddling Classes**

Learn to SUP! Stand-Up Paddling is fun, a great workout, and easy to do. Learn about board types, basic strokes, proper technique, and board recovery.



"The course was great and the instructor was <u>very</u> patient. I learned a lot. I was very nervous and now I'm excited! Thank you."



#### **Kayaking Classes**

Take a **Recreational Kayak** class and learn how these stable boats are easy for anyone to enjoy. Or, if you are looking for a bit more technical skill and safety protocol, sign up for a **Sea Kayak** class. Both are great for beginners or those wanting to improve their skills. Also back by popular demand - **Kayak Rolling!** Learn to roll a kayak this winter/spring in the warmth of a pool.



# 15% OFF Canoecopia Special\*

Purchase your class (or two, or even three) at Canoecopia and receive a 15% show discount.

\* does not apply to Wilderness First Aid, ACA Instructor Certification courses, or Door County Sea Kayak Symposium



# Get Out and Paddle Explore Wisconsin with us!



#### **Evening Paddles**

A relaxed, no-pressure 2-hour evening paddle is a great way to relax after the work day is done. Bring your friends and make some new ones as we explore waterways near Rutabaga!

#### **Full Moon Paddles**

Paddling "by the light of the silvery moon" is a magical experience. We'll paddle away before dark and enjoy dusk and darkness on the water. Don't forget to bring a light!



#### **Day Trips**

Once you have a few basic skills, put them to use on a day trip! Enjoy the beauty of Southern Wisconsin's rivers and lakes as you spend the day with folks who love the water as much as you do.

"Very informative and instructional. Nice pace. I enjoyed learning things I thought I already knew. This was a lot of fun and no matter what the experience it was not intimidating at all. So much fun!!!"

# Private Lessons Focus on your specific needs



Do you have specific skills you want to hone and refine? Or are you a little apprehensive about getting started as a paddler? Or maybe our schedule just doesn't match yours. A private lesson is an effective way to learn what you want to learn at a time that is convenient for you. Email classes@rutabaga.com to schedule a lesson!

# Corporate Outings & Group Courses



Spice up a company outing, host a family reunion or get together with some friends to try something new. Being out on the water together is an awesome way to spend time together! Whatever your need, let us create an adventure for you! E-mail us at classes@rutabaga.com.

# Rent a canoe, kayak, or SUP Enjoy Madison's waterways on your own

Hourly rentals available at Olbrich Park, half- or full-day rentals available at Rutabaga. Rentals from May through September. Visit the web at: www.rutabaga.com/rentals for more details.

#### RUTABAGA OUTDOOR PROGRAMS

### **Help Kids Enjoy Paddling**

Rutabaga keeps the next generation paddling.

"I loved the kayaking, all the games we played, seeing the capitol, and the instructors were really NICE!:)"



#### **Youth Camps**

Our youth programs encourage kids to learn new skills, make new friends, and explore Madison's lakes and rivers - plus have a ton of fun! We offer canoeing, kayaking, and stand-up paddling camps for kids entering 3rd to 8th grade.



#### **Junior Leadership Development Program**

Have a positive influence on young people and enjoy a fun and rewarding summer as a Junior Leader. No previous leadership or paddling experience is required. For teens entering 9th-12th grade. Contact Tucker to apply - tuckerm@rutabaga.com.

"Another program very well done. We were so pleased with your instructors and the programming, along with our destinations on the trips. These programs are great for our kids."

- Aldo Leopold Nature Center

#### **Community Organizations, Scouts, School Groups, Birthday Parties**

Paddling can add a whole new level of excitement and team building to your organization's spring, summer, or fall schedule. Let us create a unique and memorable experience for your group! Email tuckerm@rutabaga.com.



#### **Family Classes**

Paddling is a great way to create family memories and is a lifetime activity that everyone can enjoy together. We offer family canoe, kayak, and SUP classes for adults with kids 6 years and older.



#### Josh Kestelman Scholarship Fund

Rutabaga provides scholarships to help youth community agencies and individual kids attend our summer programs. Call us for details or to make a contribution. You can also donate at the Canoecopia registers!

### **Paddling & Safety Certifications**

#### **American Canoe Association (ACA) Instructor Certification**

Share your passion for paddling with others by becoming an American Canoe Association instructor! In these certification courses you'll learn and demonstrate effective teaching strategies, safety and rescue techniques, and group management skills. You love to paddle - so help grow the sport by helping other paddlers develop the basic skills they need to be safe on the water!



# Level 1-2 Essentials of River Canoeing ICW June 7-9, 2019

This certification is geared toward helping your students learn about river hazards and features, stressing strokes and basic skills such as catching a large eddy or doing a gentle ferry. Ivan Bartha, Instructor Trainer.



## Level 1-2 Essentials of Kayak Touring ICW June 20-23, 2019

This course works on teaching introductory kayak skills in a variety of kayaks (sea, river, recreational, sit-on-top) in a protected and calm water location. John Browning, Instructor Trainer.



#### Level 1-2 Essentials of Stand Up Paddleboarding ICW June 28-30, 2019

This course will help you teach about the differences between boards, how to launch and land in different situations, and how to maximize your stroke efficiency. Trey Rouss, Instructor Trainer.

#### Why I Take Certification Courses (even though I'm not an Instructor)

I'm just an everyday, ordinary "funcle" (*like a Dad, only cooler, says my t-shirt*). I have taken numerous certification courses even though I'll never have a job that requires them. Well... except for trying to keep my nieces and nephews as safe as I can. Advanced certification courses help me predict what could go wrong and act in a timely manner. And, if things do go wrong, I'm ready. That peace of mind alone is worth it, both for me and their parents. -*Jim Pippitt* 

#### Wilderness First Aid May 18-19, 2019

If you spend time in the backcountry, it's important to be prepared for the unexpected. This fun, hands-on NOLS course will help you be more confident in providing effective first aid treatment for injuries and illnesses common in the outdoors, managing environmental emergencies, and making appropriate evacuation decisions. Upon successful course completion students will earn NOLS Wilderness Medicine certifications: Wilderness First Aid and Epinephrine Auto-injector.



## RUTABAGA'S SEA KAYAK SYMPOSIUM

## Our 16th annual summer camp for adults (and their kids too)!



#### **INSTRUCTORS**

You'll love our experienced, fun, and dedicated instructors who are passionate about helping you get to the next level. Come learn from the pros!



#### **STAFF**

Our staff is helpful, friendly, organized, and willing to bend over backwards for you! We want to make your weekend pleasant and easy — and of course fun.

**July 12-14, 2019 Rowleys Bay Resort Door County, WI** 

**Space is limited. Register now!** www.everyonepaddles.com







#### **CLASSES**

Quality on-water classes and land-based workshops will help you develop and improve your sea kayaking skills. We offer a beginner track, women-only classes, and specialty courses at all levels. Work on boat control, forward stroke, rolling, Greenland paddling skills, rescue techniques, and more. Whether you're just beginning, more advanced, or somewhere in the middle, we have classes that will help you learn and grow as a kayaker.



"Another wonderful event. I learned, I practiced, I remembered I'm part of something bigger, I stretched myself. Most enjoyable was sharing it with the friends I've met here."

#### RUTABAGA'S SEA KAYAK SYMPOSIUM









#### **COMMUNITY**

This is what makes our symposium so special! Build a community with other paddlers on and off the water. Social happenings off the water include group meals, evening campfires and programs, free beer wagon, sunrise yoga, ice cream social (sponsored by Wilderness Systems), slide show, and an auction to benefit the Door County Land Trust. Make new friends and see the familiar faces of people who have been coming back for years. It's a comfortable, family-friendly environment that you are sure to enjoy. The fastest way to make new friends is to go paddle with them!







#### **TOURS**

Enjoy guided trips to the rocky coves, rugged cliffs, and sandy beaches of Door County. Whatever your skill level, we have a tour for you. Paddle with a naturalist, glimpse a sunken shipwreck, decipher pictographs, spot lighthouses, ride the waves, and more. Discover the beauty of Door County and put your skills to use!

"I liked the networking and social aspects, as well as challenging myself in larger waves and stronger wind conditions. Really enjoyed it all!"

# BEYOND LIGHTWEIGHT

A week in the wilderness, an afternoon at the shore or an hour on the pond. Our outstanding, lightweight kayaks are built for adventure, wherever you find it.



Swift, stable and light, the Delta 12.10 delivers big touring performance in a compact package. Now available in our popular **AZURE BLUE**.

41

ounde

12'10'

46 | 189

Learn more about our innovative designs and full selection of kayaks from our experts at Canoecopia or, visit us online at deltakayaks.com



PROUDLY MADE IN NORTH AMERICA



## REFLECTIONS FROM DCSKS

"Great experience, well run and organized, fun but safe atmosphere. S'mores were fun on Thursday night at the fire. I gained a TON of knowledge and skills in the classes. The fun and friendly atmosphere of everyone here and the highly skilled instructors were the most enjoyable. Loved loved loved this experience and we've already booked our room for next year! Thank you!! I never would have believed how much I could do and improve in just a weekend!"

-first year participant

"Lots of information geared seemingly just for me but valuable and specific to all. Excellent instructors - I even had one of the same ones as last year so we were able to build on and expand my knowledge base and technique. Great vendors - they shared their equipment prior to purchase. This is my favorite weekend of the year! Not enough can be said for how well run this symposium is. Thank you ever so much."

-second year participant



"I improved my techniques, and gained some large water experience. Most enjoyable are the people, both staff and participants. You have excellent instructors and great behind the scenes people working to make it all run smoothly - and adjusting to the variance of wind/weather. Thank you!"

-third year participant

#### RUTABAGA'S SFA KAYAK SYMPOSIUM

#### **BRING THE KIDS!**

Parents and Grandparents - the Door County Sea Kayak Symposium is a funfilled, family-friendly event, so bring the kids and share the experience together! Youth classes and tours teach paddling skills and safety through play and exploration. Or



bond over boats on a family tour. Create lifelong memories this summer in Door County! For kids ages 8-16.



### Supporting the DOOR COUNTY LAND TRUST

Each year Rutabaga's Door County Sea Kayak Symposium raises money to benefit

the Door County Land Trust (DCLT). Our signature fundraiser is the always-entertaining auction on Saturday evening. Folks bid on a wide range of items and experiences donated by our paddling vendors and local Door County artists and businesses. Not only do we have a lot of laughs, this high-energy event has helped raise \$91,000 over the past 15 years!

And it gets better! Every dollar the DCLT receives is matched by \$4 of federal and state land acquisition grants. This means the DCSKS contributions have been matched for a total of \$455,000 that the Land Trust has used toward the purchase and protection of over 7,000 acres of critical lands in Door County. Thanks, Kayakers!

